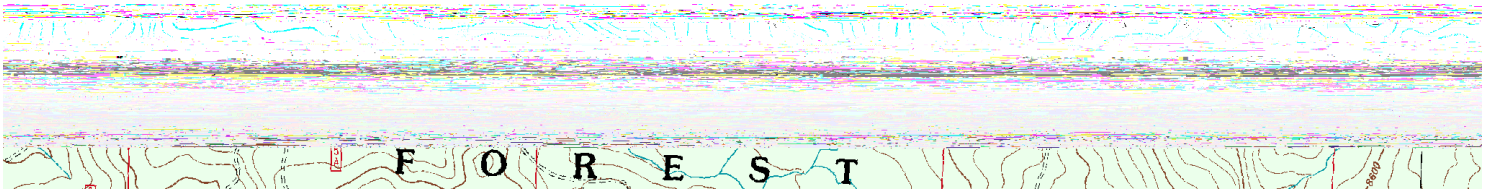
F O R E S T