Invasive pests can be introduced to the forest if
Clear Creek Campground, Twin Knobs Recreation

More
More
More
More
More

Difficult
Difficulty

Tell someone where you're going and when
you're expected to return home.
Hunting is allowed on national forest lands
under state regulations. Take appropriate

Carry a whistle to alert someone for help.
information about fire restrictions.
Camp on high ground away from rivers and
streams. Water levels can rise quickly during

Look up for trees with broken limbs or tops.
Do not camp or picnic under snags or dead


Cave Run Lake provides 8,270 acres of open water for
available.

Incorporates old timber roads to make a loop. Winds through 4.3

Begins at Clear Creek Campground, crossing over Zilpo National Forest Scenic 3.6

Lakeview Ridge Trail.
Carrington Rock Trail.

byway. The area around Cave Run Lake has a network of
scenic trails designed for non-motorized use.

Cave Run Lake Trail Guide
Daniel Boone National Forest

For More Information
Daniel Boone National Forest
Cumberland Ranger Station
3375 KY 802 South
Morehead KY 40351
www.fs.usda.gov/dbf

Hours are 8 a.m. to 4:30 p.m. Monday – Friday. Office is closed on federal holidays.

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Camping
Camping is allowed in the general forest area if
you are camping at least 300 feet away from the
tree or any water resource. Camping and
foraging are prohibited in or near rock
shelters.

Developed campgrounds near Cave Run Lake are
Clear Creek Campground, Twin Knobs Recreation
Area and Zilpo Recreation Area. White Sulphur
Horse Camp is a primitive campground for
backpackers. The area can accommodate up to 30 vehicles with a trailer, up
to 50 feet long. Picnic areas and a watering
are available for horses.

Firewood
Invasive pests can be introduced to the forest if
you bring firewood from another location. Help
prevent the spread of invasive pests by using
camp stoves or purchasing firewood locally.
Burn all firewood and completely extinguish your
campfire before leaving the site. Never leave a
campfire unattended.

OTHER AREA ATTRACTIONS

Plummers Wildlife Management Area
This 7,610-acre tract is set aside for hunting
with primitive weapons, such as muzzle-loading
firearms, bows and crossbows. This area is
cooperatively managed for wilderness by the
Forest Service and the Kentucky Department of Fish
and Wildlife Resources. Habitat improvements
for wildlife include grassy openings and ridge-top
waterholes.

Twin Knobs Recreation Area
The wooded peaks that surround Cave Run Lake
provide the perfect setting for this 700-acre
recreation area. More than 200 campsites
accommodate RV or tent camping. The
amenities include bath houses with showers and
flush toilets, three group-use areas, foot
trails, scenic overlooks, boat ramps and a large
swimming beach. Amphitheater programs and other
activities are regularly scheduled.

Zilpo Recreation Area
Located at a 355-acre wilderness peninsula of Cane
Run Lake, Zilpo features 366 campsites and 12
cabins within walking distance of the lakeshore. The
facilities include both houses with showers, some
electrical sites, hiking and backpacking trails, a
boat ramp, a country store and a large wading
beach.

Horse, Hiking
Biking, Hiking
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