



“Connect to Nature”



Experience Dispersed Recreation Activities and Developed Campgrounds in Alabama’s National Forests: Hiking, Bird Watching, Walking, Picnicking, Swimming, Canoeing, Mountain Biking, Primitive Camping, Hunting, Horseback Riding

Bankhead (Double Springs), Conecuh (Andalusia), Talladega (Brent), Talladega (Heflin), Talladega (Talladega), Tuskegee (Tuskegee)

www.fs.usda.gov/alabama | free mobile app download--NF maps
(www.avenza.com/pdf-maps/store)
PHONE: 334-832-4470

LEAVE NO TRACE PRINCIPLES

- Plan Ahead and Prepare
- Travel and Camp on Durable Surfaces
- Dispose of Waste Properly
- Leave What You Find
- Minimize Campfire Impact
- Respect Wildlife
- Be Considerate of Other Visitors

www.Int.org/learn/seven-principles-overview

TREAD LIGHTLY PRINCIPLES

- Travel Responsibly
- Respect the Rights of Others
- Educate Yourself
- Avoid Sensitive Areas
- Do Your Part

www.treadlightly.org/education/learn/tread-principles-2/



U.S. Department of Agriculture
Forest Service
Southern Region

“Get Moving” in Alabama’s National Forests

Exercise Opportunities Site Location and Name	Swimming Areas	Hiking Trails	Bicycle Trails	Fees	Trail Miles	Trail Difficulty	Developed or Dispersed Recreation Site
Bankhead National Forest, Double Springs, AL 205-489-5111							
Clear Creek (Walking/Hiking/ Biking)	•	•	•	\$6.00 per vehicle	2.5	Easy to Moderate	DV
Corinth (Walking)	•			\$6.00 per vehicle	0.5	Easy	DV
Flint Creek (Off-highway Vehicles, Horse-back Riding, Mountain Biking)			•	\$3.00 per operator	16.3	Moderate to Difficult	DV
Houston (Walking, Biking)	•	•		\$4.00 per vehicle	1.0	Easy	DV
Natural Bridge Picnic Area (Walking)		•		None	1.5	Easy	DP
Owl Creek Trails (Horse-back Riding, Mountain Biking)		•		\$3.00 per vehicle	24.9	Moderate to Difficult	DP
Sipsey River Picnic Area (Walking)		•		\$3.00 per vehicle	0.5	Easy	DP
Pine Torch Trail (Camping, Hiking, Horse Trail)		•	•	\$3.00 per vehicle	24.9	Easy to Moderate	DP
Conecuh National Forest, Andalusia, AL 334-222-2555							
Blue Lake Recreation Area (Swimming)	•			\$3.00 per vehicle			DV
Conecuh Trail (Hiking, Mountain Biking)		•		None	19.3	Easy to Moderate	DP
Open Pond (Walking)		•		\$3.00 per vehicle	1.0	Easy	DV
Talladega National Forest, Brent, AL Oakmulgee Ranger District 205-926-9765							
Payne Lake (Walking, Swimming)	•	•		\$3.00 per vehicle	1.0	Easy	DV
Talladega National Forest, Heflin, AL Shoal Creek Ranger District 256-463-2272							
Pine Glen (Walking)		•		No Fee/ Dayuse	0.5	Easy	DP
Pinhoti Trail (Hiking Only)		•		None	82	Moderate to Difficult	DP
Warden Station (Horse, Mountain Biking)		•	•	\$3.00 per vehicle	43	Easy to Moderate	DP
Talladega National Forest, Talladega, AL Talladega Ranger District 256-362-2909							
Chinnabee Silent Trail (Hiking Only)		•		\$3.00 per vehicle	6.0	Moderate to Difficult	DP
Kentuck ORV Trail (OHV, Mountain Biking)			•	\$5.00 per operator	23.3	Easy to Moderate	DV
Lake Chinnabee (Walking, Biking) – Day use only		•		\$3.00 per vehicle	2.0	Easy	DP
Lake Howard - Sylaward Mountain Bike Trail (Hiking, Mountain Biking)		•	•	None	12	Easy to Moderate	DP
Pinhoti Trail (Hiking Only)		•		None	56.2	Moderate to Difficult	DP
Tuskegee National Forest Tuskegee, AL 334-727-2652							
Bartram Trail (Hiking, Mountain Biking)		•	•	None	8.5	Easy to Moderate	DP
Pleasant Hill (Hiking, Mountain Biking)		•	•	None	4	Easy to Moderate	DP
Bold Destiny/Bedford Cash Memorial Trail (Horse, Hiking)		•		None	14.0	Easy to Moderate	DP

“•” DENOTES AVAILABILITY

DV (Developed): Denotes developed recreation sites with showers and sanitation.

DP (Dispersed): Denotes dispersed recreation activities that take place outside of developed camping or concessionaire-operated facilities, excluding motorized recreation.

Share the Trail: National Forests in Alabama have two trails designated for off-highway vehicle (OHV) use. If you are exercising on the Kentuck and Flint Creek Trails, you may also see visitors riding OHVs. Mountain bikers will share the Warden Station, Owl Creek and Flint Creek Trails with horse-back riders. Share the trail and enjoy your national forests.

“Alabama Great Escapes”
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NF Maps -
<http://www.avenza.com/pdf-maps/store>

“National Forests are working forests where you can expect to see controlled burns, tree thinning, tree planting and other management activities throughout the year. The projects are focused on maintaining the health and resilience of national forests while at the same time providing products and services to the public.”

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