OUTDOOR ESSENTIALS
BE PREPARED AND KNOW BEFORE YOU GO!

1. appropriate footwear
2. printed map
3. extra water
4. extra food
5. extra clothing
6. emergency items
7. first aid kit
8. knife or multi-purpose tool
9. sun hat, sunscreen, sunglasses
10. backpack

To learn more about outdoor safety & ethics visit www.fs.usda.gov/main/r6/recreation/safety-ethics