Respect the River: Personal Sanitation
Sequoia National Forest

Along the Kern River there are dispersed camping areas, free of charge, which are great for campers with self-contained units or large groups of people.

This is information about personal sanitation (management of human waste) while visiting the Sequoia National Forest. Millions of people visit the Sequoia National Forest each year and visitation is increasing yearly.

Improper personal sanitation and the improper disposal of human waste degrade the recreation experience and can degrade water quality and wildlife habitat and spread diseases.

Please help us keep the Sequoia National Forest clean by following the personal sanitation practices.

Chemical toilets and trash receptacles are provided in most of these areas for your convenience. We ask that you please use them. In areas that do not provide these services, PACK OUT WHAT YOU PACK IN.

**Toilet Facilities:**
Provided in developed campgrounds and in some dispersed camping areas. Where they are provided, visitors are expected to use these facilities for personal sanitation. All used toilet paper should be placed into the toilet. **Do not put feminine hygiene products (tampons and pads) into any toilet.** Feminine hygiene products should be wrapped and placed into a trash container. Similarly, **do not put disposable baby diapers into any toilet or portable toilet.** Disposable baby diapers may be disposed of in trash containers where provided. If trash containers are not provided, you must pack out the disposable baby diapers.

Where toilet facilities are not provided, visitors must use the following practices for personal sanitation:

**Pack-it-out:**
Whenever it is feasible, visitors are encouraged to collect human wastes and pack them out of the forest. These wastes need to be disposed of in an approved manner (placed in a toilet, disposed of at dump station or other method acceptable to the county).

**DO NOT** put collected human wastes (except feminine hygiene products or disposable baby diapers) in trash containers on the National Forest.

**Bury-it:**
When packing out human waste is not feasible. These wastes should be buried at least 6 inches deep and at least 200 feet from any water, creek, streams or lakes. All used toilet paper should be buried along with the human waste. A trowel can be used to dig the hole.

Do not bury or burn disposable baby diapers or feminine hygiene products. Do not burn your toilet paper.

Thank you for your help in making forest visits enjoyable and safe! Plan ahead by obtaining a National Forest map at one of the following offices:

**Hume Lake Ranger District**  
35860 East Kings Canyon Road  
Dunlap, CA 93621  
559-338-2251

**Kern River Ranger District**  
11380 Kernville Rd.  
Kernville, CA 93238  
760-376-3781

**Western Divide Ranger District**  
32588 Hwy 190  
Springville, CA 93265  
559-539-2607

**Forest Supervisor’s Office**  
1839 S. Newcomb Street  
Porterville, CA 93257  
559-784-1500

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