



**Leave
No
Trace™**

Center for Outdoor Ethics | LNT.org

DISPOSE OF HUMAN WASTE



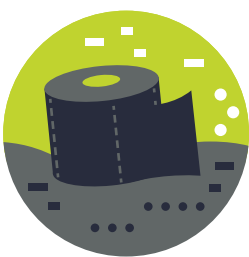
GO BEFORE YOU GO

Use the facilities at your home base before heading out so as to try and avoid having to go while out.



DO YOUR RESEARCH

Check out the webpage of the specific site you intend to go to or call the land management office to find out what facilities exist and are open.



USE FACILITIES

Use existing facilities if open, but bring your own toilet paper and hand sanitizer as many locations may not be stocked.



KNOW WHERE TO GO

If facilities are not available, make sure you are 200 feet (70 big steps) from water, campsites and trails for urine; for poop, pack out your waste by using a human waste pack out kit such as a WAG bag.



DISPOSE OF WASTE

If you can't pack it out, bury human waste 6 to 8" deep, 200 feet from water, campsites and trails. If packing out your toilet paper is not possible, bury it deeply in the hole.



PACK IT OUT

Pack out ALL wipes and sanitary products as well as any trash.