**Leave No Trace**
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# DISPOSE OF HUMAN WASTE

## GO BEFORE YOU GO
Use the facilities at your home base before heading out so as to try and avoid having to go while out.

## USE FACILITIES
Use existing facilities if open, but bring your own toilet paper and hand sanitizer as many locations may not be stocked.

## DISPOSE OF WASTE
If you can’t pack it out, bury human waste 6 to 8” deep, 200 feet from water, campsites and trails. If packing out your toilet paper is not possible, bury it deeply in the hole.

## DO YOUR RESEARCH
Check out the webpage of the specific site you intend to go to or call the land management office to find out what facilities exist and are open.

## KNOW WHERE TO GO
If facilities are not available, make sure you are 200 feet (70 big steps) from water, campsites and trails for urine; for poop, pack out your waste by using a human waste pack out kit such as a WAG bag.

## PACK IT OUT
Pack out ALL wipes and sanitary products as well as any trash.

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