Welcome to the Shasta Unit

The Shasta Unit is one of three units that comprise the Whiskeytown-Shasta-Trinity National Recreation Area. It was established by Congress, in 1963. These areas were recognized for their unique and varied recreation potential.

Shasta Lake forms the core of the Shasta Unit and offers recreation a variety of outdoor activities including boating, wildlife viewing, waterkieling, water-skiing, fishing, camping, picnicking, hiking, hunting, and mountain climbing.

Shasta and Trinity Units are located in the Shasta-Trinity National Forest and are administered by the USDA Forest Service. Whiskeytown Lake is administered by the National Park Service.

Shasta Lake}