This sign indicates a trail that has been designated as a National Recreation Trail and meets criteria set up in the National Trails System Act (82 Stat. 919, as amended, 16 U.S.C. 1241 (Note), 1241-1249). This Act establishes a National Trail System containing national recreation, scenic, and historic trails for the purpose of providing trail recreation opportunities. It prescribes administrative and development matters and encourages the use of volunteers in the trail program.