



January 23, 2009

Contact: Denise Germann  
(406) 758-5252  
(406) 249-1714 cell

## **Winter Trails Day- Family Activities Encouraged and Hosted**

The Flathead Community of Resource Educators (CORE), a network of individuals and organizations working together to increase awareness and understanding about the natural, historical and cultural resources of the Flathead Region, is celebrating Winter Trails Day on Saturday, January 31, with several free outdoor family activities.

These activities are great way to discover the fitness and social benefits of winter activities in Northwest Montana.

A free family snowshoe walk on the Flathead National Forest will be at the Blacktail Mountain cross-country ski trails near Lakeside, 10am-noon. Participants may bring snowshoes, or a limited number of children's and adult's shoes will be available by reservation. Participants will learn about snowshoeing and identifying wildlife tracks and winter birds. Please meet at the upper trailhead parking area.

Reservations are not required. For more information or to reserve snowshoes, please contact 837-7500.

Ranger-led snowshoe hikes at Glacier National Park at will be hosted at 10:30am and 1:30pm. Each hike will last approximately two hours and reservations are not required. The Park entrance fee is required. Please meet at the Apgar Visitor Center. Call 888-7939 for more information.

Bring a lunch and join a free snowshoe outing with Ravenwood Natural Science Center from 10am – 2pm. Please meet at the Ferndale Fire Department Parking Lot

(three miles east of Bigfork on Highway 209). Some snowshoes are available.

Please call 837-7279 for more information or to reserve snowshoes.

For more information about Winter Trails Day visit [www.wintertrails.org](http://www.wintertrails.org). For more information about local events in celebration of Winter Trails Day visit [www.flatheadcore.org](http://www.flatheadcore.org).

--END--