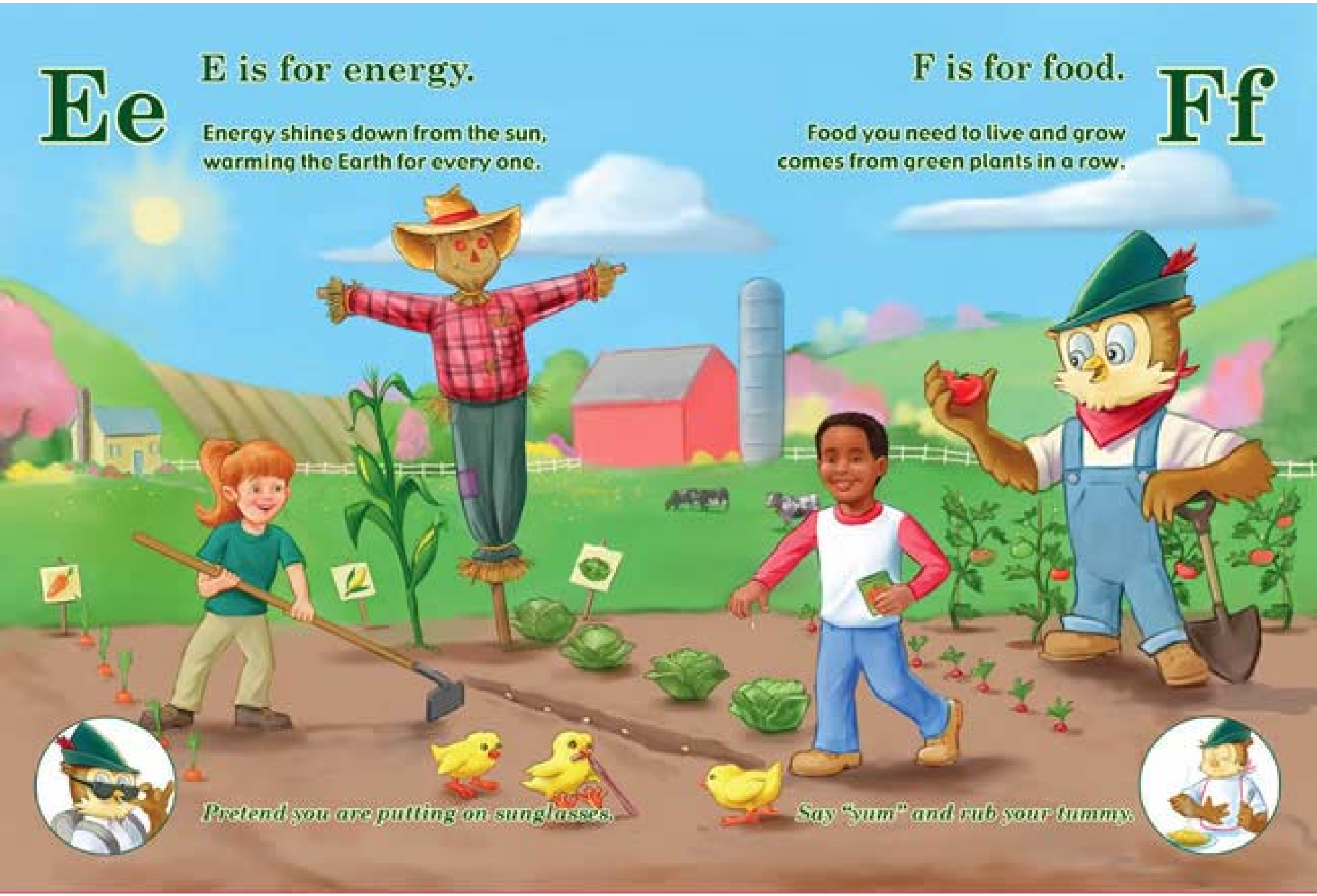
Ee
E is for energy.
Energy shines down from the sun,
warming the Earth for every one.
F is for food.
Ff
Food you need to live and grow
comes from green plants in a row.
Pretend you are putting on sunglasses.
Say "yum" and rub your tummy.