There are over 30 miles of groomed, non-motorized trails in the Mammoth and Mono ranges of the Eastern Sierra, providing opportunities to explore the Inyo National Forest cross-country skiers, mountain bikers, snowshoers, and out on their own. There are over 30 miles of groomed, non-motorized trails in the Mammoth and Mono regions of the Eastern Sierra, providing opportunities to explore the Inyo National Forest cross-country skiers, mountain bikers, snowshoers, and hikers. Visit one of the several sporting goods stores in Mammoth Lakes to purchase or rent nordic equipment.

Nordic Recreation

Skiing

- Mammoth Mountain’s 35 miles of groomed trails lead to the ski area. They are open to cross-country skiers, mountain bikers, and snowshoers. Visit one of the several sporting goods stores in Mammoth Lakes to purchase or rent nordic equipment.
- Shady Rest Park Trails
- Obsidian Dome Trailhead

Hiking

- Mammoth Lakes Area
- Mono Lake Area

Snowmobiling

- Mammoth Mountain’s 35 miles of groomed trails lead to the ski area. They are open to cross-country skiers, mountain bikers, and snowshoers. Visit one of the several sporting goods stores in Mammoth Lakes to purchase or rent nordic equipment.
- Mammoth Lakes Area
- Mono Lake Area

Winter Recreation Map

EMERGENCY SERVICES: Dial 911

- Mammoth Lakes Area
- Mono Lake Area

Winter Recreation Map

To Report Unscheduled or Illegal Activities, Please Call

(760) 873-2500

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INYO NATIONAL FOREST

To Report Unsafe or Illegal Activities, Please Call (760)-873-2405
Emergencies DIAL 911

WINTER SAFETY
Know Before You Go!

- Check local weather conditions.
- Tell someone WHERE you are going, WHEN you are returning, and WHO you are going with.
- Know the route and area prepared.

HYPOTHERMIA is a lowering of the inner temperature of the body resulting in rapid and progressive mental and physical collapse. Caused by exposure to cold and aggravated by wind, rain, and exhaustion, untreated hypothermia can result in death.

WEATHER conditions can change rapidly.
- Obtain a weather report before your trip.
- Avoid travelling during heavy storms and whiteout conditions.

AVALANCHEs may occur at any time during the winter.
- Routes and areas open to winter use are not controlled for avalanches.
- Avoid mountainous terrain after heavy snowfalls or long periods of high wind.
- Avoid crossing steep hill slopes and entering narrow, steep-sided canyons.
- If crossing potentially dangerous areas is unavoidable, cross one person at a time.

CREEKS AND LAKES
- Stay off frozen lakes.
- Cross snow-covered creeks with care.

SURVIVAL KIT
- Warm clothes for layering (wool or synthetics are best)
- Space blanket
- Extra food, water, and sunscreen
- Whistle for emergency signaling (3 blasts means “Help!”)
- Waterproof matches or lighter
- Map and compass

- Winter Recreation Map
- Map legend

The Mammoth Lakes Trail System website provides an online guide to winter and summer recreation. Visit www.mammothtrails.org or scan this QR code. This map, along with additional area maps, can be downloaded and viewed on both iOS and Android mobile devices. Download the app at www.pdf-maps.com.

www.esavalanche.org
U.S. Forest Service Avalanche Center: For the most recent information on snow conditions and avalanche activity, please visit the website or call (760) 924-5510 for the most recent information.

U.S. Forest Service Avalanche Center www.esavalanche.org

TRAVEL GEARING REPORT: Mammoth Ranger Station (760) 924-5510 • http://mammothweb.com/avalanche/travelreport.cfm

LOGGING & VISITOR INFORMATION: Mammoth Lakes Tourism (760) 924-2113 • www.visitmammoth.com

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