Lakeside North Trail #411
Lakeside North Trail, located on London Ranger District, begins on the north side of Ned's Branch, 1/4-mile north of the Rockcastle Campground. It follows the Rockcastle River until the trail ends. The first half of the trail is fairly wide. Wildflowers are abundant in the spring.

Begins: Intersection with Ned’s Branch Trail 1/4 mile north of Rockcastle Campground
Parking: At campground
Closest Town: Corbin
Ends: .7 miles north of Ned’s Branch Trail #405
County: Laurel
Length: 1 mile
Longitude: 36.965906
Surface: Dirt

Lakeside South Trail #412
This trail begins off of KY 3497, 21 miles west of London near the Rockcastle Boat Ramp. The trail ends with its connection to Twin Branch Trail #406. The trail follows the shoreline of Lake Cumberland. Hikers will enjoy the shade of huge hemlocks and beech trees along the way. The trail passes through a small community of summer homes known as Clark’s Bottom. A small shelter is located at the trail’s junction with Twin Branch Trail.

Begins: KY 3497 near Rockcastle Boat Ramp
Parking: Rockcastle Boat Ramp
Closest Town: Corbin
Boat Ramp Quad: Sawyer
Ends: Twin Branch Trail #406
County: Laurel
Length: 4 miles
Latitude: 36.957299
Surface: Dirt
Longitude: -84.355216
**Ned Branch Trail #405**

A hike on Ned Branch is downhill all the way if it is hiked from KY 3497. The trail drops 300 feet through a gorge carved out by the trail's namesake. There are several stream crossings along the way, but hikers should be able to make most of them without getting their feet wet. The last quarter mile of trail passes through a stand of large beech and buckeye trees. Trail difficulty is easy to moderate if hiked from the highway to the campground, strenuous if hiked in reverse. During the winter when the campground gate is closed, walk out the campground entrance road, adding a half mile to the walk.

- **Begins:** KY 3497
- **Ends:** Rockcastle Campground
- **Length:** 1.75 miles
- **Difficulty:** Easy to strenuous
- **Parking:** 4 cars at trailhead, 55 cars at campground boat ramp
- **Quad:** Sawyer
- **County:** Laurel
- **Surface:** Dirt

**Twin Branch Trail #406**

The first quarter mile winds through pine-hardwood forest. The trail then drops 300 feet to follow Twin Branch to its mouth at Lake Cumberland. Several scenic cascades may be seen along the way, best viewed in the spring when the creek has plenty of water. An adirondack shelter is located near the junction with the Lake Side South Trail. A primitive campsite is located on the east side of Twin Branch. All water should be boiled. Please pack out your trash. Hiking difficulty is easy to moderate downhill, strenuous when hiked in reverse.

- **Begins:** KY 3497
- **Ends:** Lakeside South #412
- **Length:** 1 mile
- **Difficulty:** Easy to strenuous
- **Parking:** 4 cars at Ned Branch Trailhead
- **Quad:** Sawyer
- **County:** Laurel
- **Surface:** Dirt

**Rockcastle Campground**

Rockcastle Campground is located on the backwaters of Lake Cumberland at the mouth of the Rockcastle River. The campground is bounded on one side by the lake and on the other side by massive sandstone cliffs. Fishing is popular in the Rockcastle River and Lake Cumberland. Rockcastle Boat Ramp is nearby. A picnic shelter is located at the campground entrance and is available on a first-come, first-served basis. Most of the campsites are designed for tent camping although a few are large enough to accommodate pop-up campers. Each site has tent pad, grill, picnic table, and lantern poles. The sites are near the water’s edge. A picnic shelter is available on a first-come, first-served basis.

**CAUTION:** Low lying areas are prone to flooding, so be alert for flooding when driving, camping or crossing streams in this area. Swift currents and undertows can make swimming and wading very hazardous.

All outdoor activities have inherent risks and you may encounter a variety of unexpected and/or dangerous conditions. It is your responsibility to be informed and take precautions. Learn more at www.fs.usda.gov/r8.