



Cumberland Falls Area Trails

London Ranger District • Daniel Boone National Forest • Kentucky



Food Storage Required

Visitors in developed sites must store food, garbage and other odorous items that may attract bears in a bear-resistant container, inside their vehicle, or in an enclosed hard-body trailer. Backcountry campers must suspend food, garbage and odorous items at least 10 feet off the ground and four feet away from any tree or pole. All food leftovers and trash must be properly disposed of in a bear-resistant trash receptacle or other container where provided by the Forest Service.



Put trash in a bear-resistant trash can or other receptacle provided by the Forest Service.



Store food and trash in a closed motor vehicle with a solid top or a closed hard-body trailer.



Store food, trash and other bear attractants in a bear-resistant container.



Hang food and trash from a tree, out of a bear's reach in backcountry areas where bear-resistant trash cans and vehicles are not nearby.

Sheltowee Trace #100 Section 27 - Moonbow: This 11-mile section of the Sheltowee Trace National Recreation Trail is also known as the "Moonbow Trail." The trail runs adjacent to the Cumberland River from the Mouth of Laurel to Cumberland Falls, the second largest waterfall east of the Rocky Mountains.

From Fishing Creek to Bark Camp Creek, an alternate flood route (#100A, 3 miles) is available for use during periods of high water. The flood route follows mostly ridges and Forest Service roads above the cliffline.

The Sheltowee Trace continues by crossing a bridge over Bark Camp Creek, just above the scenic water cascades. A small camping shelter is located a few hundred yards south of the creek. A second shelter is located two miles further south at Star Creek.

The Sheltowee Trace joins a park trail at Cumberland Falls State Resort Park. Several park trails intersect with the Sheltowee Trace, so hikers are advised to obtain a park trail map before hiking this section of trail. State park trails are closed to bicycles, horses and motorized vehicles.

Parking is available at Mouth of Laurel Boat Ramp and the Cumberland Falls State Resort Park. The parking lot at the falls is gated and locked at night. There is also parking at the top of the hill at DuPont Lodge.

Begins:	Mouth of Laurel	Difficulty:	Moderate
Ends:	Cumberland Falls State Resort Park	Surface:	Dirt
Length:	11 miles	County:	Whitley
Quad:	Cumberland Falls	Closest Town:	Corbin

Bark Creek and Star Creek Shelters

The Forest Service administers two adirondack shelters, Bark Camp and Star Creek shelters. Both are located on the Moonbow section of the Sheltowee Trace. These shelters are available on a first-come, first-served basis. No restroom facilities are available. Plan on packing in your drinking water and packing out your trash.



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London District
761 S. Laurel Road
London, KY 40744
606-864-4163



Open Dates
Open all year.



Fees
No fee for trail use.



Accessibility
Trails do not meet accessibility standards for persons with disabilities.



Restrictions
Trails are closed to motorized vehicles.



Consumption of alcohol and open containers of alcohol are prohibited.



Camping and firebuilding in rock shelters is prohibited.



CAUTION: Low lying areas are prone to flooding, so be alert for flooding when driving, camping or crossing streams in this area. Swift currents and undertows can make swimming and wading very hazardous.



You are responsible for your own safety.

All outdoor activities have inherent risks and you may encounter a variety of unexpected and/or dangerous conditions. It is your responsibility to be informed and take precautions.

Guides like this are available at fs.usda.gov/dbnf.
11/5/2013



These popular trails are located along the Cumberland River on the London Ranger District.

Bark Camp Trail #413 follows the north side of Bark Camp Creek. The trail passes under rock shelters and cliffs. There is a small waterfall about a mile from the trailhead and a beautiful series of cascades near the trail's junction with the Sheltowee Trace National Recreation Trail. An adirondack shelter is located on the Sheltowee Trace about one tenth mile south of the its junction with Bark Camp Trail. The creek is stocked with rainbow trout.

Directions to trailhead: From I-75, take exit 25 and travel west on US 25 W. Turn right on KY 1193 and travel several miles, merging straight ahead onto KY 1277. From KY 1277, in less than 2 miles from its intersection with 1193, turn left onto Forest Service Road 193. The Bark Camp trailhead is approximately two miles south on the right

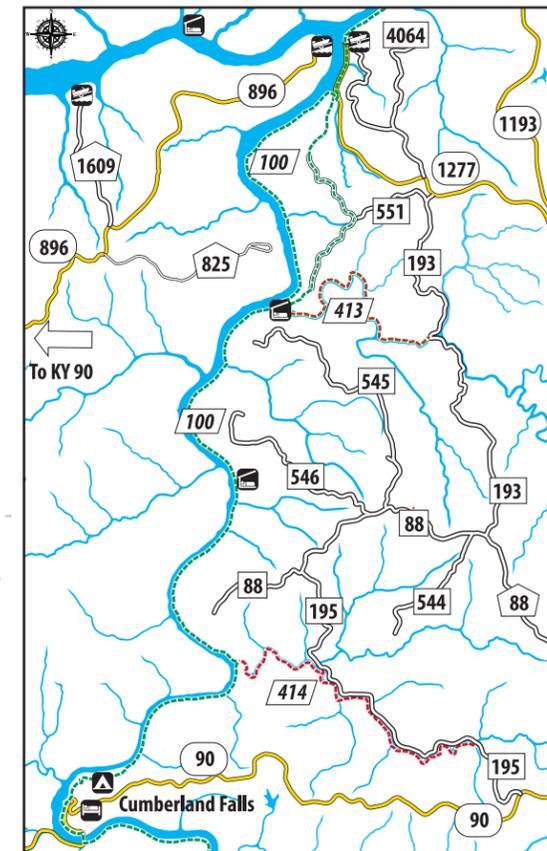
Begins:	Forest Road 193	Difficulty:	Moderate
Ends:	Cumberland River	Surface:	Dirt
Length:	2.5 miles	County:	Whitley
Quad:	Sawyer	Latitude :	36.9044
Closest Town:	Corbin	Longitude:	-84.2811

Dog Slaughter Trail #414 runs parallel to Dog Slaughter Creek through dense stands of hemlock and rhododendron.

At approximately 2 miles, a bridge crosses the creek. You will enjoy viewing a 15-foot waterfall (Dog Slaughter Falls) near the mouth of the creek. The last 0.2 miles of trail meander over and around massive boulders before it connects to Sheltowee National Recreation Trail #100. The trail ends at the Cumberland River.

Directions to trailhead: Begins at Forest Road 195, 0.8 miles from its junction with KY 90. A second trail head starts 2.7 miles from the KY 90 junction. Parking for a few cars is available at the trailheads.

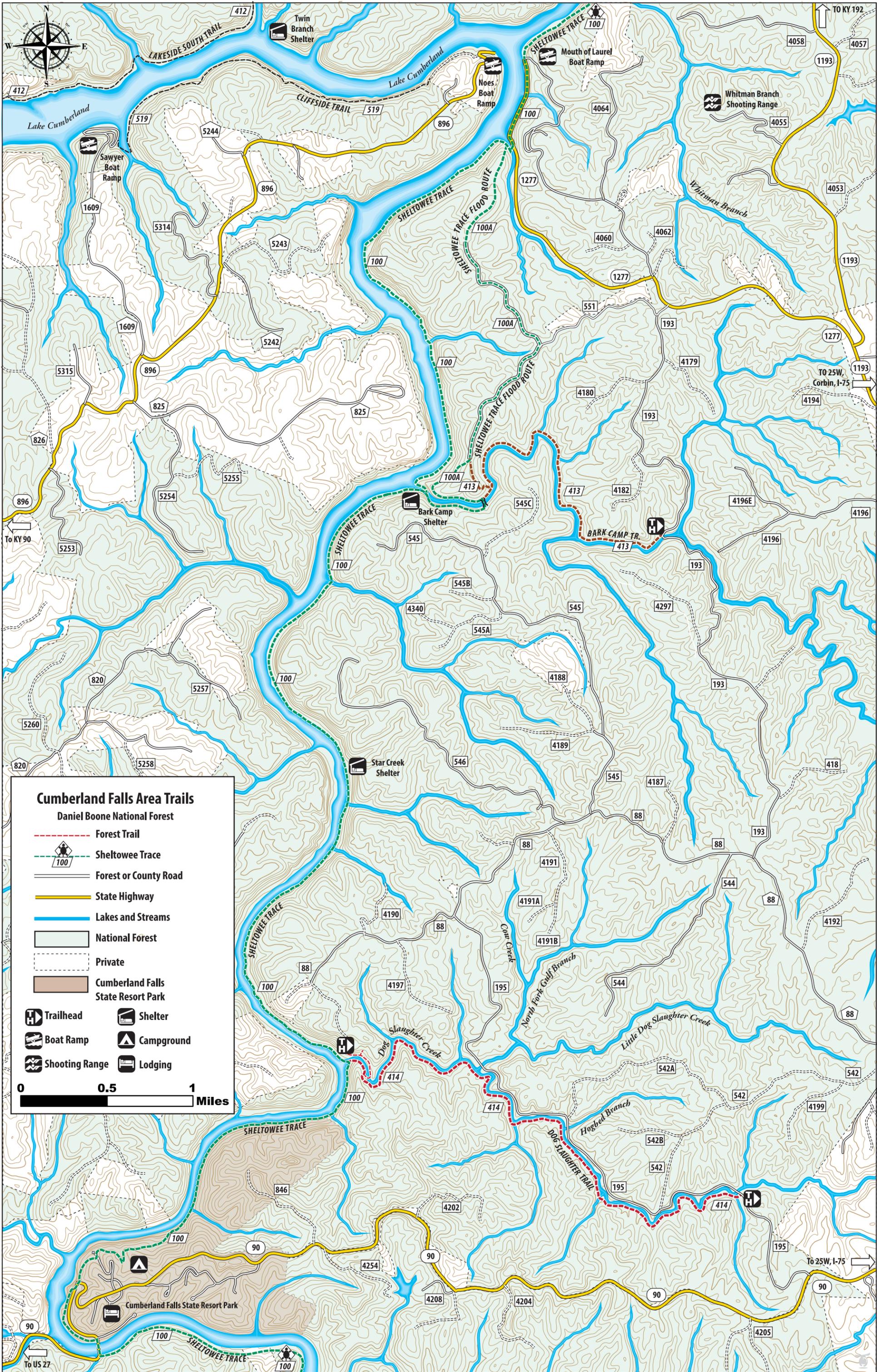
Begins:	Forest Road 195
Ends:	Cumberland River
Length:	4 miles
Difficulty:	Moderate
Surface:	Dirt
County:	Whitley
Quad:	Cumberland Falls
Latitude:	36.848971
Longitude:	-84.273357



U.S. Department of Agriculture - Forest Service
Southern Region - Daniel Boone National Forest
<http://www.fs.usda.gov/dbnf>

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Cumberland Falls Area Trails

Daniel Boone National Forest

- Forest Trail
- Shelton Trace
- Forest or County Road
- State Highway
- Lakes and Streams
- National Forest
- Private
- Cumberland Falls State Resort Park
- H Trailhead
- S Shelter
- B Boat Ramp
- C Campground
- R Shooting Range
- L Lodging

