



# Winding Stair Gap Trail #402

London Ranger District • Daniel Boone National Forest • Kentucky



**London District**  
761 S. Laurel Rd.  
London, KY 40744  
606-864-4163



**Directions**  
Take KY 192 west from London and go 6 miles. Turn right (north) on Forest Road 56 (sign to Cane Creek WMA) and go 4.7 miles. Turn left (west) on Forest Road 119. Forest Road 119 is gated. Check with the London office.



**Open Dates**  
Trail is open all year. Forest Road #119 is gated.



**Trail Fees**  
None.



**Accessibility**  
Trail does not meet accessibility standards for persons with disabilities.



Trails are closed to motorized vehicles.



Consumption of alcohol and open containers of alcohol are prohibited.



Camping and firebuilding in rock shelters is prohibited.

## You are responsible for your own safety.

All outdoor activities have inherent risks and you may encounter a variety of unexpected and/or dangerous conditions. It is your responsibility to be informed and take precautions. Learn more at [www.fs.usda.gov/r8](http://www.fs.usda.gov/r8).

Guides like this are available at [fs.usda.gov/dbnf](http://fs.usda.gov/dbnf).  
1/20/2015



Winding Stair Gap Trail connects to Rockcastle Narrow East Trail #401, located east of Bee Rock Campground (Pulaski County side). Most of the trail runs through second growth forest. It passes near the site of the old Warner Hotel, which was built in the 1800s and stood until the early 1900s. All that remains is an old well and the building's foundation.

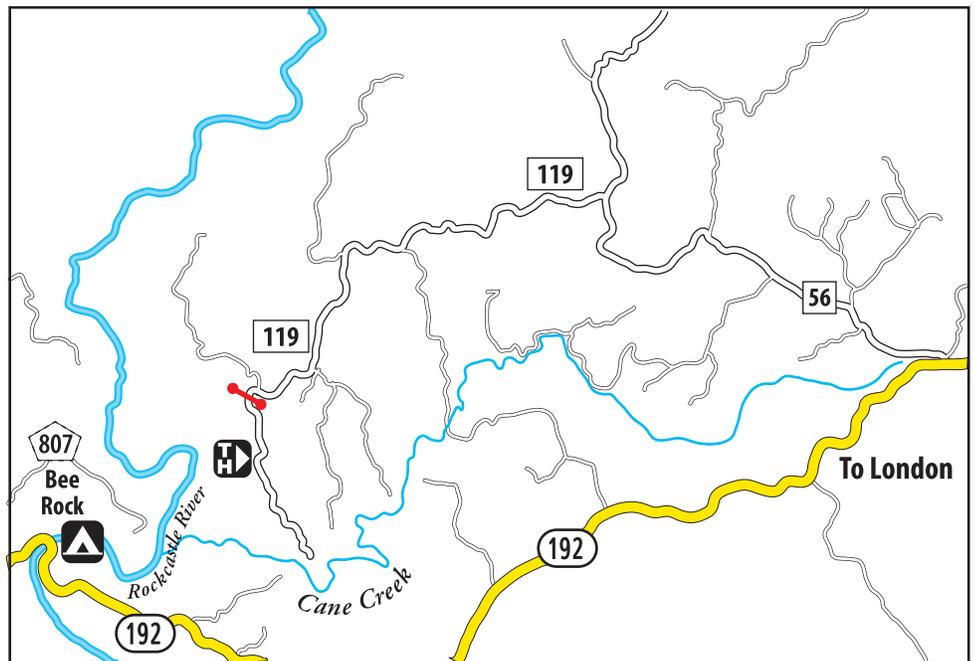
This trail is located east of Bee Rock Campground on London Ranger District. The Bee Rock Campground features camping units on both sides of the Rockcastle River.

Begins:	Forest Road 119	Parking:	No parking available
Ends:	#401	Difficulty:	Intermediate to difficult
Length:	1.25 miles	Surface:	Dirt
Quad:	Ano	Latitude:	37.404277
County:	Laurel	Longitude:	-84.291272
Closest town:	London		



**CAUTION:** Low lying areas are prone to flooding, so be alert for flooding when driving, camping or crossing streams in this area. Swift currents and undertows can make swimming and wading very hazardous.

**FOOD STORAGE REQUIRED.** Visitors in developed sites must store food, garbage and other odorous items that may attract bears in a bear-resistant container, inside their vehicle, or in an enclosed hard-body trailer. Backcountry campers must suspend food, garbage and odorous items at least 10 feet off the ground and four feet away from any tree or pole. All food leftovers and trash must be properly disposed of in a bear-resistant trash receptacle or other container where provided by the Forest Service.



U.S. Department of Agriculture - Forest Service  
Southern Region - Daniel Boone National Forest  
<http://www.fs.usda.gov/dbnf>

USDA is an equal opportunity provider and employer.



# Winding Stair Gap Trail #402

Daniel Boone National Forest | London District

- |  |               |  |   |
|--|---------------|--|---|
|  | State Highway |  | Highway                                   |
|  | County Road   |  | Road                                      |
|  | Forest Road   |  | Gravel                                    |
|  | Forest Trail  |  | Dirt                                      |
|  | Trailhead     |  | Trail                                     |
|  | Waterfall     |  | Sheltowee Trace National Recreation Trail |
|  |               |  | 100 Trail                                 |



- |  |  |  |                      |
|--|--|--|----------------------|
|  | Cane Creek Wildlife Management Area Boundary |  | National Forest Land |
|  | Kentucky Wild River Corridor                 |  | Private Land         |
|  |  |  | Stream               |

0 .25 .5 Mi.

TO KY 192

ghensley@fs.fed.us

Van Hook Falls

No motorboats

No motorboats past this point

TO BEE ROCK CAMPGROUND

ROCKCASTLE NARROWS EAST TRAIL #401  
Kentucky Wild Rivers Corridor

WINDING STAIR GAP TRAIL #402

ROCKCASTLE NARROWS EAST TRAIL #401

ROCKCASTLE NARROWS EAST TRAIL #401  
SHELTOWEE TRACE NATIONAL RECREATION TRAIL #100  
Van Hook Branch

SHELTOWEE TRACE #100

Yuel Branch

Cane Creek

Cane Creek

1000

1200

1200

4137

1200

1198

749

4129

119

119

401

1200

119

401

4130

503

119A

402

119

401

100

402

401A

401

1000

1000

109

100