Sheltowee Trace NRT #100, Section 30

The trail enters the woods and immediately crosses an old logging road. Follow the trail around the ridge. It will then go downhill and enter a narrow space between rocks and the cliffline. After a mile Indian Creek will come into view. Footing can be treacherous in the next mile, so be careful. Further along the trail you will encounter Pigeon Roost Branch and a large rock house. The trail follows an old railroad bed at this point and continues to follow it until approximately a mile before reaching US 27 at the end of this section. There are several small stream crossings and old mine openings along the trail. Continue the trail through the floodplain and between the old railroads cut rock walls. After crossing Railroad Fork Creek and ascending the steps look for the foundation of the old trestle. After passing a small waterfall and ascending steps, the trail will lead you to the trailhead parking lot on US 27.

Begins: Junction of KY 700 and Forest Road 6050
Ends: US 27
Length: 8.95 miles
Sections 29 and 31
Quad: Wiborg, KY
County: McCreary
Parking: US 27; Forest Road 6050
Latitude: 36.783870
Longitude: -84.388923

There are many horse trail connections in this section of the Sheltowee Trace. See the Barren Fork Horse Camp Guide for connecting trails.

Abandoned Mine Shafts and Portals

During the early 1900s, there were many mining operations in this area. In this vicinity you may find foundations of some of the old buildings that were a part of the mining operations and the community it supported. You may also find mine portals and shafts in this area. DO NOT ENTER THESE. They are unsafe for a variety of reasons. They may not contain sufficient oxygen. They often harbor snakes and other animals. The roof structures can be unstable. If you go off the trail, you may also find areas where the ground is sinking due to collapse of underground structures and shafts. For your safety, please avoid walking in these areas.

Storing Your Food and Trash in Bear Country

Food and trash storage is mandatory, to reduce odors that attract bears. Unless cooking or eating, store your food inside a hardtop vehicle, the trunk of a car or a bear-resistant container. Store your food garbage in the same manner where trash cans are not installed. When camping in the backcountry hang your food at least 10 feet off the ground and four feet away from a tree.

You are responsible for your own safety. All outdoor activities have inherent risks and you may encounter a variety of unexpected and/or dangerous conditions. It is your responsibility to be informed and take precautions. Learn more at www.fs.usda.gov/r8