Sheltowee Trace NRT #100, Section 34
This trail travels along the western bank of the Big South Fork River from Yamacraw Bridge to Rock Creek. The ballast filled concrete arch railroad that spans the Big South Fork River at the entrance to Rock Creek was the largest of its type in the south when it was built in 1907. This bridge connected the small communities along Rock Creek with the main coal offices in Stearns, KY. If you choose to walk out this railroad, use extreme caution.

Begins:  Junction of KY 92 and County Road 1363  Hiking Difficulty:  Easy
Ends:  Mouth of Rock Creek  Trail Surface:  Dirt
Length: .7 miles  Connections:  Sheltowee Trace, Sections 33 and 35
Quad:  Barthell  Trail Use Allowed:  Hiking
County:  McCreary  Latitude: 36.726126
Parking:  KY 92/East side of Yamacraw Bridge  Longitude: -84.544589

Abandoned Mine Shafts and Portals
During the early 1900s, there were many mining operations in this area. In this vicinity you may find foundations of some of the old buildings that were a part of the mining operations and the community it supported. You may also find mine portals and shafts in this area. DO NOT ENTER THESE. They are unsafe for a variety of reasons. They may not contain sufficient oxygen. They often harbor snakes and other animals. The roof structures can be unstable. If you go off the trail, you may also find areas where the ground is sinking due to collapse of underground structures and shafts. For your safety, please avoid walking in these areas.

Sheltowee Trace NRT #100, Section 35
This section begins on the floodplain of the Big South Fork and ends 350 feet higher in elevation after crossing and/or fording many streams. Shortly after beginning it will be necessary to ford Grassy Fork Creek. Large rocks have been placed in the creek to ease crossing, however in the spring and after a rain these may be underwater. If the water has risen, cross to the right of the rocks. The stream will be waist high on an adult. You will see a mill site and old mine sites along this section. DO NOT ENTER mine portals. The Koger Arch trail connects with this trail a mile before it ends. It is well worth the short side trip. High water alternative: Before crossing Rock Creek, follow the footpath to the powerline. Turn left onto the powerline and follow it to the highway. Turn left onto the highway. Follow it to the sign for Bald Knob and Wilson Ridge. Turn left across the bridge and follow this road to the Koger Arch Trail.

Begins:  Big South Fork NRRA Boundary  Hiking Difficulty:  Moderate to strenuous
Ends:  Junction of County Road 582 and Forest Road 6127  Trail Surface:  Dirt
Length: 3.1 miles  Connections:  Koger Arch Trail; Kentucky Trail (BSF); Sheltowee Trace, Sections 34 and 36
Quad:  Barthell  Trail Use:  Hiking
County:  McCreary  Latitude: 36.715071
Parking:  Limited near Yamacraw Bridge and County Rd. 582  Longitude: -84.547703

Storing Your Food and Trash in Bear Country
Food and trash storage is mandatory to reduce odors that attract bears. Unless cooking or eating, store your food inside a hardtop vehicle, the trunk of a car or a bear-resistant container. Store your food garbage in the same manner where trash cans are not installed. When camping in the backcountry hang your food at least 10 feet off the ground and four feet away from a tree.

You are responsible for your own safety. All outdoor activities have inherent risks and you may encounter a variety of unexpected and/or dangerous conditions. It is your responsibility to be informed and take precautions. Learn more at www.fs.usda.gov/r8

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