Sheltowee Trace NRT #100, Section 37

This section of the Sheltowee begins at the Peter's Mountain Trailhead. The trail has an almost constant descent and crosses Mark Branch 17 times. Mark Branch Falls is a beautiful waterfall, 80 feet high. To reach Hemlock Grove and Forest Road 137 you must ford Rock Creek. If you are looking for an alternative route, Mark Branch and Gobblers Arch trails form loops for hiking from either Peter's Mountain trailhead or Hemlock Grove Picnic Area.

Begins: Peter's Mountain Trailhead  Hiking Difficulty: Strenuous
Ends: Hemlock Grove Picnic Area and Forest Road 137  Trail Surface: Dirt
Length: 2.6 miles  Connections: Mark Branch Trail; Gobblers Arch Trail
Quad: Barthell SW, Bell Farm  County: McCreary
Parking: Peter's Mountain Trailhead, Hemlock Grove Picnic Area  Latitude: 36.623811  Longitude: -84.690078
Trail Use: Hiking

Sheltowee Trace NRT #100, Section 38

This section of the Sheltowee begins at Hemlock Grove Picnic Area. To begin this section, you must ford Rock Creek. The trail follows Rock Creek's south side for 2.2 miles before reaching Great Meadow Campground. From here the trail will gradually climb 250 feet in elevation while following above Rock Creek another 3.3 miles before reaching the Kentucky - Tennessee state line.

Begins: Hemlock Grove Picnic Area  Hiking Difficulty: Easy - Moderate
Ends: KY - TN State Line  Trail Surface: Dirt
Length: 5.5 miles  Connections: Hemlock Grove, Sheltowee Trace 37
Quad: Barthell SW, Bell Farm  County: McCreary
Parking: Hemlock Grove Picnic Area  Latitude: 36.645302  Longitude: -84.710296
Trail Use: Hiking

The Sheltowee Trace in Tennessee

The Sheltowee Trace continues past the Kentucky/Tennessee state line and into the Big South Fork National River and Recreation Area (managed by the National Park Service) in Tennessee. The trail terminates at Picket State Park in Tennessee. For more information, contact Big South Fork NRRA at 423-569-9778, or Pickett State Park at 931-879-5821.

You are responsible for your own safety. All outdoor activities have inherent risks and you may encounter a variety of unexpected and/or dangerous conditions. It is your responsibility to be informed and take precautions. Learn more at www.fs.usda.gov/r8

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