



Sheltowee Trace Section 37 & 38

Stearns District • Daniel Boone National Forest • Kentucky



Stearns District Office
3320 US 27 North
Whitley City, KY 42653
(606) 376-5323



Directions to Trail
From south of Whitley City follow KY 92 west to Yamacraw Bridge, turn left just past the bridge onto KY 1363. Go 11.4 miles to the end of blacktop and turn right onto Forest Road 564, go 1.2 miles then turn left onto Forest Road 137 and go 2.6 miles. Both sections can be accessed from Hemlock Grove.

Nearby Facilities

Hemlock Grove Picnic Area

Hemlock Grove was named for the eastern hemlock near the picnic area. The stream alongside the picnic area, Rock Creek, is a state wild river and is stocked with trout. The picnic shelter is available first come, first served basis unless reserved. Shelter may be reserved by calling the Stearns District Office.



Parking
At Picnic Area



Open Dates
Open all year. Closed 10 p.m. to 6 a.m.



Picnic Tables
8 units with grills



Restrooms
Accessible vault toilets



Restrictions
No horses allowed in picnic areas. Don't litter; pack out your trash.

Guides like this are available at fs.usda.gov/dbnf.
2/25/2015



Sheltowee Trace NRT #100, Section 37

This section of the Sheltowee begins at the Peter's Mountain Trailhead. The trail has an almost constant descent and crosses Mark Branch 17 times. Mark Branch Falls is a beautiful waterfall, 80 feet high. To reach Hemlock Grove and Forest Road 137 you must ford Rock Creek. If you are looking for an alternative route, Mark Branch and Gobblers Arch trails form loops for hiking from either Peter's Mountain trailhead or Hemlock Grove Picnic Area.

Begins:	Peter's Mountain Trailhead	Hiking Difficulty:	Strenuous
Ends:	Hemlock Grove Picnic Area and Forest Road 137	Trail Surface:	Dirt
Length:	2.6 miles	Connections:	Mark Branch Trail; Gobblers Arch Trail
Quad:	Barthell SW, Bell Farm		Sheltowee Trace
County:	McCreary		Section 38
Parking:	Peter's Mountain Trailhead, Hemlock Grove Picnic Area	Latitude:	36.623811
		Longitude:	-84.690078

Trail Use: Hiking

Sheltowee Trace NRT #100, Section 38

This section of the Sheltowee begins at Hemlock Grove Picnic Area. To begin this section, you must ford Rock Creek. The trail follows Rock Creek's south side for 2.2 miles before reaching Great Meadow Campground. From here the trail will gradually climb 250 feet in elevation while following above Rock Creek another 3.3 miles before reaching the Kentucky - Tennessee state line.

Begins:	Hemlock Grove Picnic Area and Forest Road 137	Hiking Difficulty:	Easy - Moderate
Ends:	KY - TN State Line	Trail Surface:	Dirt
Length:	5.5 miles	Connections:	Hemlock Grove, Sheltowee Trace 37
Quad:	Barthell SW, Bell Farm	Trail Use:	Hiking
County:	McCreary	Latitude:	36.645302
Parking:	Hemlock Grove Picnic Area	Longitude:	-84.710296

The Sheltowee Trace in Tennessee

The Sheltowee Trace continues past the Kentucky/Tennessee state line and into the Big South Fork National River and Recreation Area (managed by the National Park Service) in Tennessee. The trail terminates at Pickett State Park in Tennessee. For more information, contact Big South Fork NRRRA at 423-569-9778, or Pickett State Park at 931-879-5821.



You are responsible for your own safety. All outdoor activities have inherent risks and you may encounter a variety of unexpected and/or dangerous conditions. It is your responsibility to be informed and take precautions. Learn more at www.fs.usda.gov/r8














U.S. Department of Agriculture - Forest Service
Southern Region - Daniel Boone National Forest
<http://www.fs.usda.gov/dbnf>

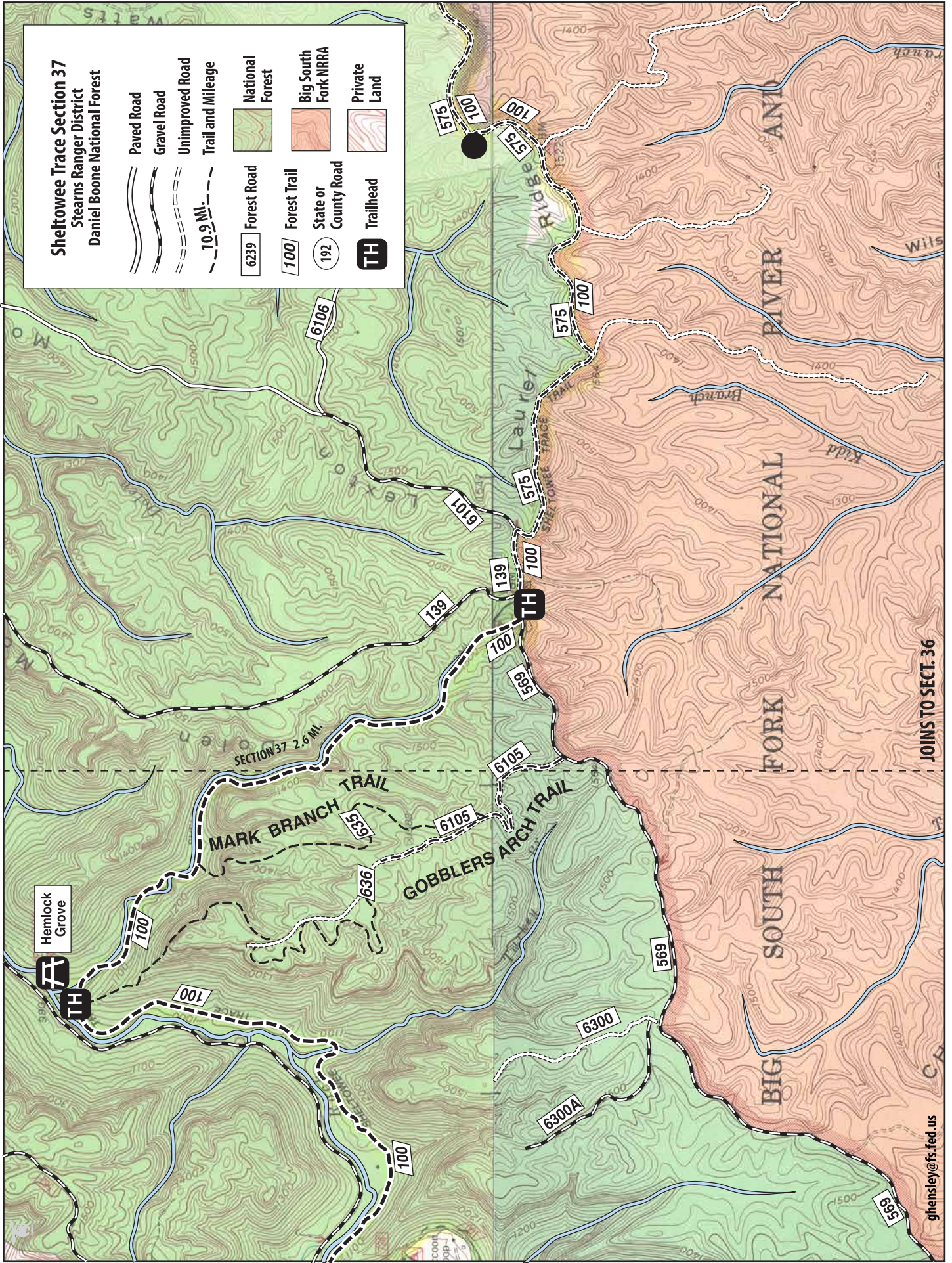
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 Stearns Ranger District
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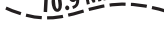







-  Paved Road
-  Gravel Road
-  Unimproved Road
-  Trail and Mileage

-  Forest Road
-  National Forest
-  Forest Trail
-  Big South Fork NRRRA
-  State or County Road
-  Private Land
-  TH Trailhead



JOINS TO SECT. 36

Sheltowee Trace Section 38
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