Lookout Mountain Bike Trails

Mountain bikes provide a great way to explore the large expanses of the Superior National Forest. You can cover a lot of ground and still be close to nature. There are only a few areas specifically for mountain biking, but bicycles are welcome on the Forest road system, provided you use common sense and obey traffic regulations.

The Lookout Mountain Bike Trails feature 5 miles of dedicated mountain bike single track and over 6 miles of multi-use rideable ski trail. Keep the following things in mind:

- Single file only; stay on the trail.
- Trails are two-way, so beware of oncoming bikes.
- Watch for hikers on the trails.
- Minimize erosion by not using the trails when they are wet.

Location

From Virginia, take US Hwy 53/169 north for 4 miles. The trail system is located at the Laurentian Divide Recreation Area on the northbound lane. Parking is available in the lot.

The Lookout Mountain Bike Trails are developed in partnership with, and maintained by, the Iron Range off-Road Cyclists.

Need more information?

on the web at:
www.fs.usda.gov/superior

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