

**Excursion/Trip/Itinerary Plan**

**Destination:** \_\_\_\_\_

- Deseret Peak Wilderness    High Uintas Wilderness    Lone Peak Wilderness  
 Mount Naomi Wilderness    Mount Nebo Wilderness    Mount Olympus Wilderness  
 Mount Timpanogos Wilderness    Twin Peaks Wilderness    Wellsville Mountain Wilderness

**Other Location:** \_\_\_\_\_

\_\_\_\_\_

**Adult's names (18 & older) going on trip:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Number of youth (17 & younger):** \_\_\_\_\_

**Regulations:**

|                   |  |                     |  |        |  |
|-------------------|--|---------------------|--|--------|--|
| Group size limit: |  | Stock number limit: |  | Other: |  |
|-------------------|--|---------------------|--|--------|--|

\_\_\_\_\_

\_\_\_\_\_

**Departure and Return Time:**

*Provide your departure date and time and your planned return date and time:*

|                        |  |              |  |
|------------------------|--|--------------|--|
| <b>Departure date:</b> |  | <b>Time:</b> |  |
|------------------------|--|--------------|--|

|                     |  |              |  |
|---------------------|--|--------------|--|
| <b>Return date:</b> |  | <b>Time:</b> |  |
|---------------------|--|--------------|--|

**Emergency Contact Information**

*Provide the name and email address for person that has your itinerary if you or your party do not return from your trip.*

|                      |  |               |  |
|----------------------|--|---------------|--|
| <b>Contact Name:</b> |  | <b>Email:</b> |  |
|----------------------|--|---------------|--|

**Trip Location and Purpose:**

*Provide the location and purpose of your trip. Be specific-this information will be used to locate you and/or your party if necessary.*

**Start:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Route:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**End:**    Same as start.

\_\_\_\_\_

\_\_\_\_\_

## Excursion/Trip/Itinerary Plan

### Activity:

- Day Hike    Overnight Hike    Fishing    Hunting    Climbing    Skiing    Snowshoeing  
 Paddling    Camping    Other (explain below)

### List maps needed for trip:

### Itinerary:

Day 1:

Day 2:

Day 3:

Day 4:

Day 5:

Day 6:

Day 7:

### Gear Essentials List:

- Flashlight    Fire making kit    Signaling device (i.e. whistle/mirror)    Extra food and water  
 Extra clothing    Navigation/communication devices    First Aid kit    Pocket knife  
 Sun protection    Emergency blanket/shelter    Left itinerary with

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**Other Equipment:**

Stove  Tent  Sleeping bag  Cooking equipment  GPS Receiver  Personal Hygiene gear

Cell/Sat Phone Number:

Radio and Frequency:

**Miscellaneous Information:**

**Leave No Trace**

List how each principle of Leave No Trace can be applied to this trip?

Plan Ahead and Prepare:

Travel and Camp on Durable Surfaces:

Dispose of Waste Properly:

Leave What you Find:

Minimize Campfire Impacts:

Respect Wildlife:

Be Considerate of Other Visitors: