February 6, 2004

To: NWCG Members; Chairs-Working Teams and Advisory Groups

From: Chair, NWCG /s/ J L Stires

Subject: 2004 Work/Rest and Length of Assignment Standards

In the fall of 2002, the NWCG tasked the Safety & Health and Incident Business Practices Working Teams with reviewing the NWCG work/rest and length of assignment standards. Proposed interim changes were tested during the 2003 fire season, with request for comments by October 1, 2003.

The enclosed final standards have been developed based on these comments, discussions with firefighters, line supervisors, geographic and national multi-agency coordinating group members, and other fireline leaders.

The standards have been revised to reflect the strong consensus that: 1. the previous standards be simplified, 2. managers be provided increased flexibility to meet operational needs, and 3. appropriate fatigue management be emphasized.

Work/rest guidelines have basically not changed. The 2:1 work to rest ratio is still valid and will be followed. However, flexibility to exceed the guidelines is allowed when warranted under certain circumstances.

This revised standard maintains a 14-day length of assignment. Fatigue management concerns, as well as many state contracts allowing only 14-day assignments, strongly indicated that the 14-day assignment length be retained. The new standard provides for a simplified assignment extension process when necessary.

For fatigue management purposes and in line with credible research recommendations, a 2-day-off-after-14 day assignment standard (exclusive of travel) has been adopted.

Please insure that this information is made available to your fire management personnel.

Cc: Chairs, Geographic Area Coordinating Groups
12.7 – Work/Rest, Length of Assignment, and Days Off

To maintain safe and productive incident activities, incident management personnel must appropriately manage work and rest periods, assignment duration and shift length for personnel, including casuals (AD), contracted crews, and EERA resources.

To assist in mitigating fatigue, days off are allowed during and after assignments. If necessary to reduce fatigue, the Type 1/2 incident commander (IC) or agency administrator (AA) (incident host or home unit) may provide time off supplementary to mandatory days off requirements. For Type 3-5 incidents, paid days off should be rare exceptions. However, if necessary, the Agency Administrator (incident host or home unit) may authorize day(s) off with pay.


12.7-1 – Work/Rest Guidelines. Work/rest guidelines should be met on all incidents.

Plan for and ensure that all personnel are provided a minimum 2:1 work to rest ratio (for every 2 hours of work or travel, provide 1 hour of sleep and/or rest).

Work shifts that exceed 16 hours and/or consecutive days that do not meet the 2:1 work/rest ratio should be the exception, and no work shift should exceed 24 hours. However, in situations where this does occur (for example, initial attack), incident management personnel will resume 2:1 work/rest ratio as quickly as possible.

The Incident Commander or Agency Administrator must justify work shifts that exceed 16 hours and those that do not meet 2:1 work to rest
ratio. Justification will be documented in the daily incident records. Documentation shall include mitigation measures used to reduce fatigue. The Excess Hours Log found in the Appendix Tool Kit of this handbook is an acceptable method of documentation.

The Time Officer’s/Unit Leader’s approval of the Emergency Firefighter Time Report (OF-288), or other agency pay document, certifies that the required documentation is on file and no further documentation is required for pay purposes.

The work/rest guidelines do not apply to aircraft pilots assigned to an incident. Pilots must abide by applicable Federal Aviation Administration (FAA) guidelines, or agency policy if more restrictive.

12.7-2 - Length of Assignment.

1. Assignment Definition

An assignment is defined as the time period (days) between the first full operational period at the first incident or reporting location on the original resource order and commencement of return travel to the home unit.

2. Length of Assignment

Standard assignment length is 14 days, exclusive of travel from and to home unit, with possible extensions identified below.

Time spent in staging and preposition status counts toward the 14-day limit, regardless of pay status, for all personnel, including incident management teams.

3. Days Off

After completion of a 14 day assignment and return to the home unit, two mandatory days off will be provided (2 after 14) (State regulations may preclude authorizing this for State employees). Days off must occur on the calendar days immediately following the return travel in order to be charged to the incident. (See Section 12.1-2) (5 U.S.C. 6104, 5 CFR 610.301-306, and 56 Comp. Gen. Decision 393
(1977). If the next day(s) upon return from an incident is/are a regular work day(s), a paid day(s) off will be authorized.

Pay entitlement, including administrative leave, for a paid day(s) off cannot be authorized on the individual’s regular day(s) off at their home unit. Agencies will apply holiday pay regulations, as appropriate. A paid day off is recorded on home unit time records according to agency requirements.

Casuals (AD) are not entitled to paid day(s) off upon release from the incident or at their point of hire.

Contract resources are not entitled to paid day(s) off upon release from the incident or at their point of hire.

Home unit agency administrators may authorize additional day(s) off with compensation to further mitigate fatigue. If authorized, home unit program funds will be used.

All length of assignment rules apply to aviation resources, including aircraft pilots, notwithstanding the FAA and Agency day off regulations.

4. Assignment Extension

Prior to assigning incident personnel to back-to-back assignments, their health, readiness, and capability must be considered. The health and safety of incident personnel and resources will not be compromised under any circumstance.

Assignments may be extended when:

- life and property are imminently threatened,
- suppression objectives are close to being met,
- a military battalion is assigned, or
- replacement resources are unavailable, or have not yet arrived.

Upon completion of the standard 14 day assignment, an extension of up to an additional 14 days may be allowed (for a total of up to 30
days, inclusive of mandatory days off, and exclusive of travel). Regardless of extension duration, two mandatory days off will be provided prior to the 22\textsuperscript{nd} day of the assignment.

Contracts and Emergency Equipment Rental Agreements (EERA) should be reviewed for appropriate pay requirements and length of assignment. If the contract or EERA do not address, the incident Finance/Administration Section Chief or the procurement official should be consulted as to whether compensation for a day off is appropriate.

Single Resource/Kind Extensions:
The Section Chief or Incident Commander will identify the need for assignment extension and will obtain the affected resource’s concurrence. The Section Chief and affected resource will acquire and document the home unit supervisor’s approval.

The Incident Commander approves the extension. IF a convened geographic or national multi-agency coordinating group (GMAC/NMAC) directs, the incident commander approves only after GMAC/NMAC concurrence.

If the potential exists for reassignment to another incident during the extension, the home unit supervisor and affected resource will be advised and must concur prior to reassignment.

Incident Management Team Extensions:
Incident management team extensions are to be negotiated between the incident Agency Administrator, the Incident Commander, and the GMAC/NMAC (if directed).

The Assignment Extension form can be found in the Appendix Tool Kit section of this handbook. A copy of the documentation should be attached to timesheets.

Upon release from the assignment, regardless of extension duration, two mandatory days off will be provided immediately following the return to the home unit and are chargeable to the incident. (See above for compensation and days off guidelines.)
**Tool Kit Addition**

**Documentation of Length of Assignment Extension Requirements**

Documentation of any type of assignment extension should include the following:

I. **Name and Position/Type of Resource:**

II. **Length of Extension:**

III. **Rationale for extension (mark all that apply)**
   A. Life and Property threatened
   B. Suppression objective are close to being met
   C. Replacement resources are not available (unable to fill)
   D. Military Assignment
   E. Other:
      _______________________________________________________________
      _______________________________________________________________

IV. A. **Single Resource Recommendation**

   Resource name, title and signature:_______________________________

   Section Chief name, title and signature: _____________________________

   OR

B. **Incident Management Team/Area Command Recommendation**

   Operations Section Chief: _________________________________

   Planning Section Chief: _________________________________

   Finance Section Chief: _________________________________

   Logistics Section Chief: _________________________________

V. **Approval**

   __________________________________________  ____________________
   Incident/Area Commander signature            Date