

Plan Ahead and Prepare



Before You Go

Check with us to obtain a Wilderness Permit before entering the Alps. It gives us a chance to even out usage and to inform you of the latest Wilderness conditions, regulations, inherent risks, and special concerns for the area you'll visit (i.e. there is a 10-person party size limit in the Trinity Alps Wilderness).

- Visit the Backcountry in small groups.
- Avoid popular areas during times of high use.
- Choose equipment and clothing in subdued colors.
- Always take a topographic map and compass.

Pack Your Pack with 'The Right Stuff'

Overloaded packs lead to fatigue and poor decision making. Well organized meals reduce pack weight and avoid the problem of unwanted animal encounters...

- Use durable lightweight gear and a comfortable pack. Resist the urge to bring unnecessary equipment.
- Use foods that are lightweight, produce the minimum amount of trash, and produce very little smell.

J Dry Cereal

X Bacon Eggs

J Powdered Milk

X Canned Soups