

Properly Dispose What You Can't Pack Out



Disposal of solid human waste can be an uncomfortable topic, but it demands careful procedures since fecal waste can spread disease. Disposal should:

- ✓ Minimize the chance of others finding the waste.
- ✓ Minimize the chance of water pollution.
- ✓ Maximize the Chance for Decomposition.

Use a small trowel to help dig a 'cat-hole'. Dig holes 6 to 8 inches deep and at least 200' from water, camp, or trails. Cover and disguise the cat-hole when finished with no paper showing!

- Don't wait till the last minute when nature calls! It can take a while to find suitable soil to dig a cat-hole.
- When hunting for a suitable spot to dig a cat-hole, persons younger than 16 years of age often become frightened when venturing away from the campsite alone. It's a good idea to have young folks use the buddy method when nature calls. They can then make an adventure out of finding a cat-hole site -instead of short circuiting the whole process to get back to camp quickly...

Pack in only what you need for your trip and be sure to pack out everything that you bring into the backcountry -including left-over food; never bury it (better yet, don't cook more than you can eat!). Your last activity before leaving camp should be to thoroughly police your campsite for litter and overlooked gear.