

# Bear Swamp Trail Ocala National Forest



## Trail Information

### Description

This trail is located within the Salt Springs Recreation Area. It goes through 3 different Florida ecosystems, Longleaf Pine upland, then into Pine flatwoods and just a short portion into a Riverine swamp.

### Rating

Easy to moderate walking.

### Distance

1.5 Mile Loop

### Contact Information

Ocala National Forest  
Lake George Ranger District  
(352) 625 - 2520  
Monday - Friday,  
7:30 to 4:00 pm

