

Ocoee River Recreation Zone



Ocoee-Hiwassee Ranger Station



3171 Hwy 64
Benton, TN 37307
(423) 338-3300

Local outfitters offer rafting excursions in Ocoee River's world class whitewater. Ocoee Whitewater Center is a hub for outdoor adventure and offers regional information, environmental education, trails and picnic sites. Bike the 30-mile Tanasi Trail complex and trails at Chilhowee Recreation Area or take a drive along the Ocoee Scenic Byway (US 64 and Forest Road 77). Camp at Parksville and Thunder Rock Campgrounds or the Chilhowee Recreation Area.

In contrast to the activity along Ocoee River is more than 5,600 acres of Little Frog Mountain Wilderness/Wilderness Study Area. The 220-acre Rock Creek Scenic Area, situated between Parksville Campground and Chilhowee Recreation Area, is a rugged backcountry known for a remarkable series of waterfalls and cascades.

Get in the Water! Your chance to experience the whitewater thrills of an Olympic river! Outfitters offer guided raft trips down two sections of Ocoee River. The upper section flows through the Olympic course past Ocoee Whitewater Center. The middle section offers a thrill a minute class III and IV whitewater rapids. If you'd just like to watch the action, several pull-offs along US 64 offer viewing vantage points. Visit the Ocoee Whitewater Center to get area information, wade in shallow pools, have a picnic, hike, and take in the sights.

Follow the Trail! Experience the cool spray of Benton Falls, an easy 1.5 mile hike from Chilhowee Recreation Area on Trail #131. Chilhowee's trail complex offers about 20 miles of hike/bike trails. Check out the 30-mile Tanasi Trail Complex at the Ocoee Whitewater Center, probably the best biking trails in the Southeast. Learn about the area's rich cultural heritage along Old Copper Road Trail #306, a 2.3-mile section of a historic wagon road that linked the copper mines at Copperhill to the rail yard in Cleveland, TN.

Go Sightseeing! The nation's first National Forest Scenic Byway, US 64, winds through the Ocoee Gorge along Parksville Lake and Ocoee River and leads to Chilhowee Recreation Area on Forest Road 77. The 26-mile Ocoee Scenic Byway offers motorists the opportunity to view scenic vistas of mountains as well as up-close views of the Ocoee River and TVA's power-generating system.

Sleep under the Stars! For a destination campground, try Chilhowee Recreation Area, where 83 sites are located near a 7-acre mountain lake with 20+ miles of hike/bike trails. Parksville Campground, just off US 64 on TN 30, with 41 sites, offers RV sites alongside Rock Creek and group sites with access to the headwaters of Parksville Lake. Thunder Rock Campground, off US 64 on the banks of Ocoee River, offers 42 sites with direct access to the Tanasi Trail System and OWC. All three campgrounds offer tables, fire rings, lantern posts, flush toilets and showers.



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