



# Know Before You Go

## Preparing to Visit a National Forest

### Waterfalls

Waterfalls are popular places for viewing, picnicking and wading. While beautiful to see, they often pose risks to unprepared visitors.

Slippery rocks, steep slopes and undercurrents can catch you by surprise when walking through or in the vicinity of a waterfall.

### Safety Checklist

- Know the potential hazards of waterfalls.
- Stay back from the edge.
- Avoid slippery rocks.
- Wear stable shoes and watch your footing.
- Don't jump off of waterfalls.
- Don't swim in waterfall pools.
- Stay out of restricted areas.
- Always carry a map of the area.
- Wear proper attire.

