



Hanging Lake– FDT 1850

Difficulty: More Difficult
Trail Use: Very High
Length: 1.2 miles (one-way)
Elevation: Starts at 6387 feet, ends at 7323 feet, highest point 7323 feet
Elevation Gain: +1096 feet -160 feet = +936 feet
Open To: Hiking

Access:

- Travel 22 miles west of Eagle on I-70 to the Grizzly Creek exit in Glenwood Canyon.
- After exiting, get back on the highway going eastbound to the Hanging Lake exit.
- The trail begins 1/4 mile east of the rest area on the left just before the bridge.

Trail Highlights:

- This short, steep, scenic trail travels from the bottom of Glenwood Canyon up through Deadhorse Creek Canyon to Hanging Lake.
- * Switchbacks accommodate the rise in elevation, shortcutting them promotes erosion.
- There are several rest stops along the way. Some parts of the trail are rocky, especially in the beginning and at the end where the trail has steep stairs carved into the canyon cliff rock.
- The trail ends on a boardwalk around the lake, please do not step off the boardwalk.
- There is a short offshoot from the trail before the boardwalk that leads to Spouting Rock, where for centuries water has dissolved a passage through the limestone to exit out of a sheer cliff wall as a spectacular waterfall.

Hanging Lake:

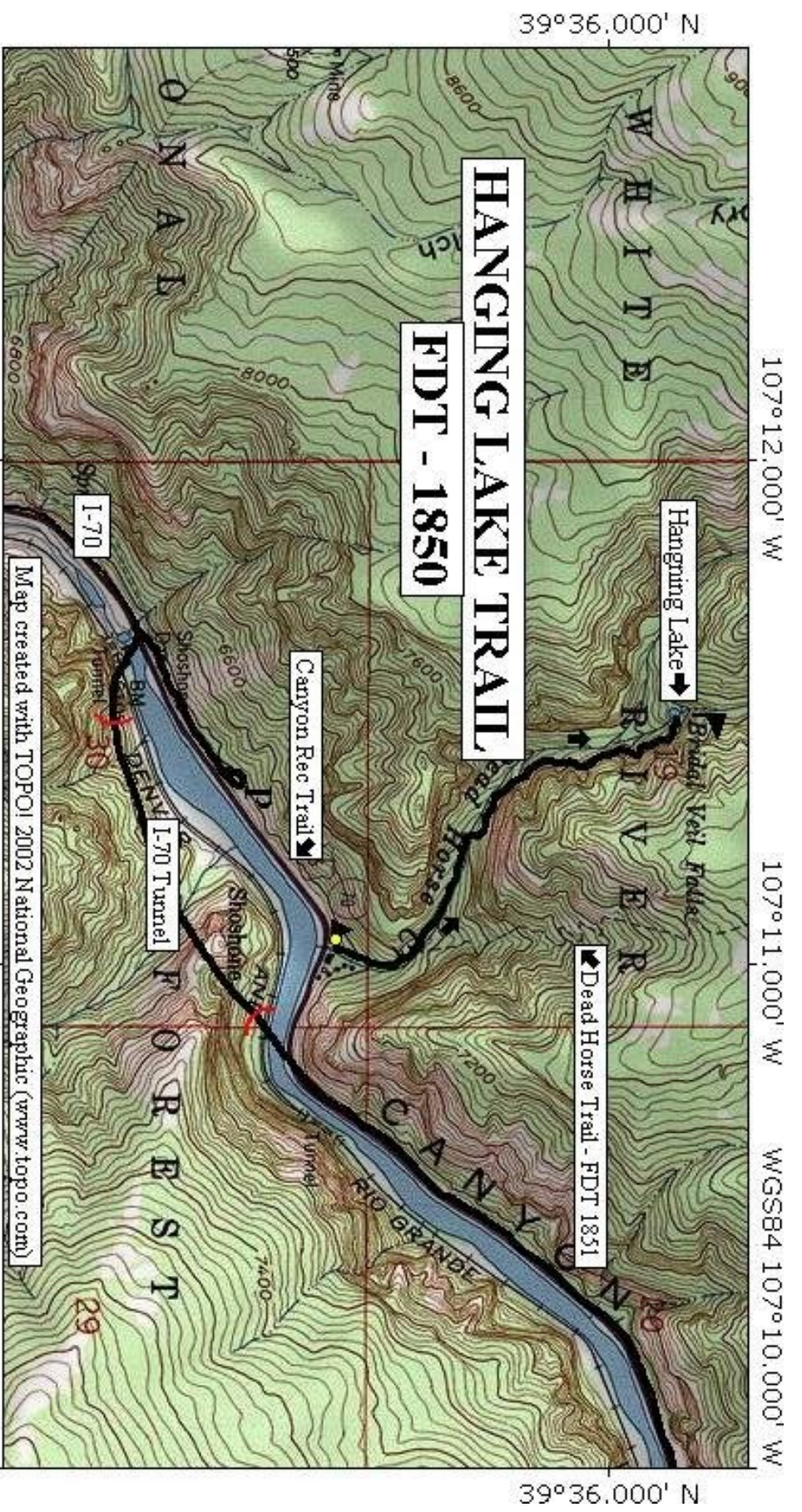
- This 1.5 acre lake was formed by a geologic fault which caused the lake bed to drop away from the valley floor above. Water flows into the lake over Bridal Veil Falls.
- The lake edge is built up from dissolved carbonates which are deposited on the shore as the water flows over. Body oils in the water stop this deposition– **NO SWIMMING!**
- Although trout are visible in the lake, please do not feed them - **FISHING IS PROHIBITED!**
- Due to the sensitivity of this ecosystem and the volume of hikers, **DOGS ARE PROHIBITED.**

Important Information:

- Hanging Lake Trail is very popular; though it is open 24 hours a day and year-round, when the parking lot is full you must exit and return another time. Parking on the entrance or exit ramps of I-70 is prohibited. Please obey all signs and closures; illegally parked vehicles may be towed.
- Observe posted rules and regulations: Hanging Lake is a fragile ecosystem. Help preserve the lake by following all posted directions at the parking area, on the trail, and at the lake. **Dogs are not permitted on the Hanging Lake Trail.** Swimming in the lake is prohibited. Please stay on the trail.
- More information can be found at the following websites: www.visitglenwood.com/hanging-lake, DOT website at www.cotrip.org, and USFS site at www.fs.usda.gov/whiteriver.

PACK IT IN—PACK IT OUT!! LEAVE NO TRACE!!

THIS MAP IS INTENDED FOR USE AS A GENERAL GUIDE ONLY, NOT FOR ACTUAL LAND NAVIGATION. THE WHITE RIVER NATIONAL FOREST STRONGLY SUGGESTS PURCHASING A TOPOGRAPHIC TRAIL MAP AND COMPASS PRIOR TO BEGINNING A HIKING TRIP.



39°36.000' N

107°12.000' W

107°11.000' W

WGSSB4 107°10.000' W

39°36.000' N

107°12.000' W

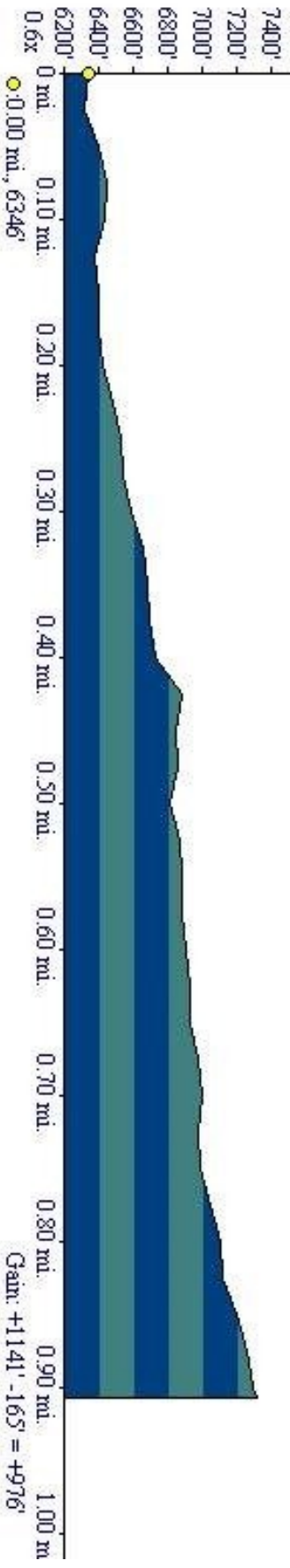
107°11.000' W

WGSSB4 107°10.000' W

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TN MIN 11°



Gain: +1141' -165' = +976'