

Emergency gear for the car

- Jumper cables.
- Sand for traction (note, kitty litter dissolves in water and isn't as good).
- Ice scraper, snow brush, and small shovel.
- Warning devices (e.g., flares, reflectors)
- Cell phone and car charger.
- Flashlight (LED headlamp is best) and batteries (keep separate, and check batteries)

Coffee can survival kit for the people in the car

You easily can equip your vehicle with essential survival gear for winter. Here's what you'll need:

- PMA! (Positive Mental Attitude!) The most important survival tool, along with common sense.
- A container: ice cream bucket, coffee can, etc. You'll be storing the other items inside.
- Small pan to melt snow. The best way though is to always bring water on a trip.
- 1 candle, 2" diameter (place on lid of container, use to melt snow). Use with caution.
- 1 pocket knife, reasonably sharp (or substitute with scissors).
- 3 pieces of bright cloth 2" wide x 36" long (tie to antenna or door handle).
- Several packets of soup, hot chocolate, tea, bouillon cubes, etc. (mixed into melted snow to provide warmth and nutrition).
- Plastic spoon.
- 1 small package of peanuts and/or a couple protein/energy bars, some dried fruit (such as dried cranberries, which come in nicely sealed snack packs), and even a little chocolate, to provide you with some energy or comfort in stressful times.
- 1 pair of socks and 1 pair of gloves or glove liners, depending on what will fit in the can (cotton is not recommended because it provides no insulation when wet).
- 2 packages of book matches. Do not use 'strike anywhere' matches as they can ignite by rubbing against each other in the container.
- 1 sun shield blanket, plastic tarp, or 2 large green or black plastic leaf bags (to reflect body heat).
- 1 flashlight (LED headlamp is best) and batteries (keep separate).
- First aid kit: Adhesive bandages, aspirin.
- Long strong line for tying to car and to you so you can find your way back if you go outside.

When complete, place stocking cap over kit.

If you have more room in the can, you may want to add these:

- Crank operated weather radio.
- Large plastic garbage bag.
- Pencil stub and paper.
- Plastic whistle.
- Games.
- Book.
- Two way radios.

Keep the survival kit in the passenger compartment in case you go into a ditch and can't get to or open the trunk.