

# Old Salmon River Trail #742A



## Recreation Opportunity Guide

Distance..... 1.9 miles (one way)  
Elevation..... 1450-1550 feet  
Snow Free ..... Almost Year Round



**Trail Highlights:** This trail is very kid-friendly. Only 1.9 miles long, it parallels the wild and scenic Salmon River. Although this trail is near the road, the closeness and constant sound of the river, as well as the old growth features of the forest, make this one of the most outstanding hikes on the Zigzag District.

**Trail Description:** Other than a short hill on each end, this is a relatively flat trail. It has several bridges that cross small creeks. It does pop up on to the road a couple of times since it is located on a narrow slice of land between the Salmon River and Salmon River Road.

## Regulations & Leave No Trace Information:

### Leave No Trace

- Plan Ahead and Prepare: Prepare for extreme weather, hazards and emergencies.
- Travel and Camp on Durable Surfaces: Use established trails and campsites.
- Dispose of Waste Properly: Pack out all trash, leftover food and litter.
- Leave What You Find: Avoid introducing or transporting non-native species.
- Minimize Campfire Impacts: Use established fire rings & keep fires small.
- Respect Wildlife: Control pets at all times.
- Be Considerate of Other Visitors: Avoid loud voices and noises.

For information on **Leave No Trace**, go to [www.LNT.org](http://www.LNT.org) or call 1-800-332-4100

For current trail conditions and more recreation information go to:

<http://www.fs.usda.gov/mthood>

Map and driving directions on next page

Mt. Hood National Forest  
16400 Champion Way  
Sandy, OR 97055  
503-668-1700

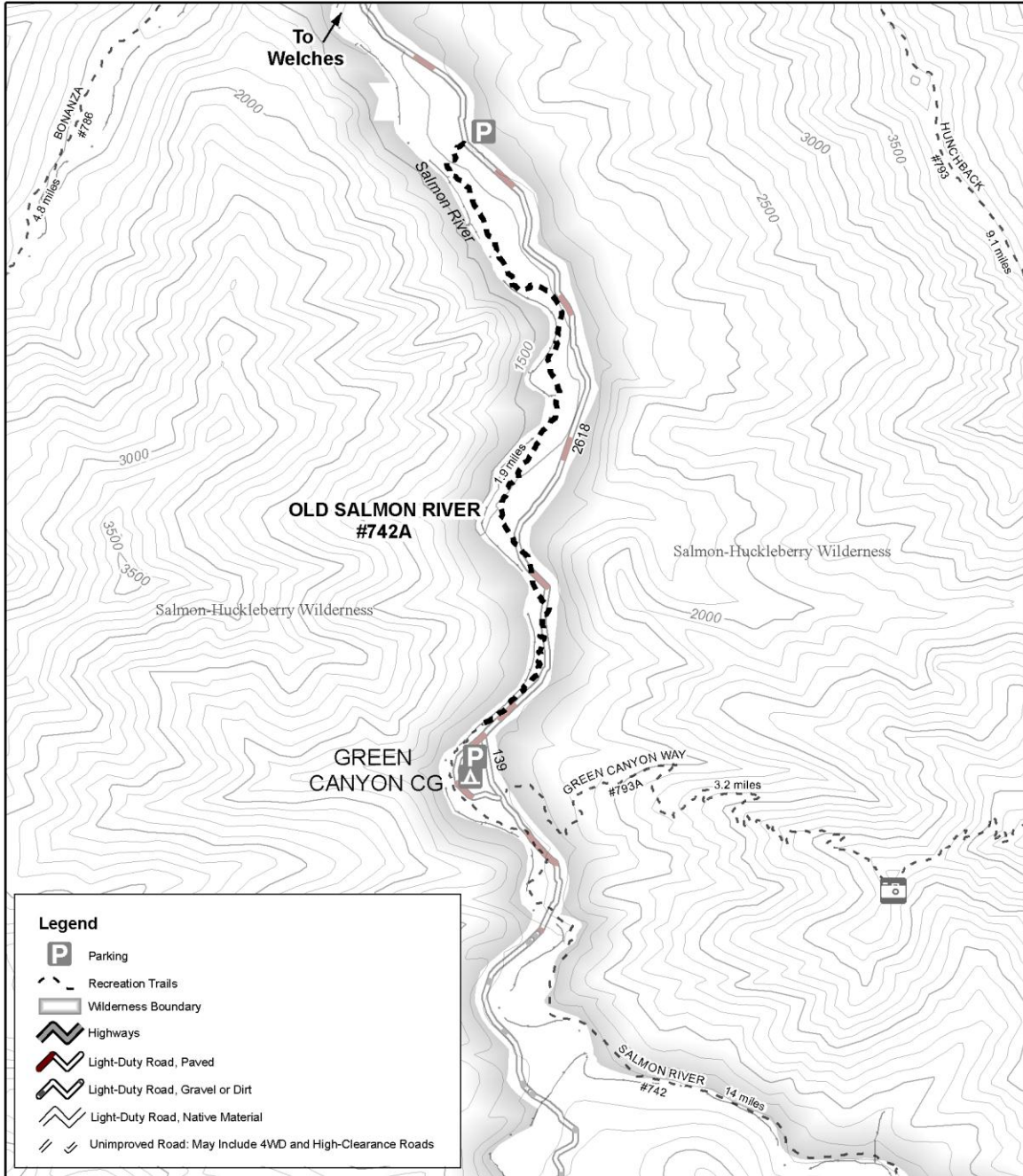
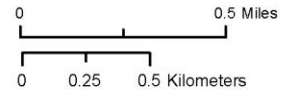
Zigzag Ranger District  
70220 E. Highway 26  
Zigzag, Oregon 97049  
503-622-3191

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**Directions to Trailhead:** From Portland: Follow US Hwy 26, 17.3 miles east of Sandy. Turn south on Salmon River Road (Forest Road 2618) following it 2.6 miles to the first trailhead access. Other access points lie further along Salmon River Road on the pullout areas on the right-hand shoulder. The southern end of the trail is 2.4 miles past the first along Salmon River Road and is just before a bridge across the river.

742A OLD SALMON RIVER  
1.9 miles 3.0 km



**Recommended maps:** Zigzag Ranger District

