White Mountain National Forest
Accessible Water Bodies

For more information, please contact the White Mountain Visitor Center at (603) 745-3816.

Androscoggin Ranger District
(603) 466-2713  TTY (603) 466-2856
Visitor information services and restrooms fully accessible
300 Glen Road, Gorham NH 03581

Crocker Pond Campground and Boat Launch
– Situated south of Bethel, ME, off Rt. 5, this secluded campground sits above Crocker Pond. Although there are only 7 sites, all but one are accessible, and each offers a different level of challenge and setting. Along the gravel roadway there is a hand pump for water and accessible vault toilets. Access to the pond is very difficult at this site due to the steep and loose gravel-covered banking. Other nearby locations (Patte Marsh and Broken Bridge Pond) offer varying levels of pond access for fishing and boating.

South Pond Recreation Area – This beautiful recreation area on Rt. 110 in Stark is worth the drive. It has a large picnicking area, a beach for swimming, a toilet and changing facilities, a small boat launch area, and a 1/4-mile compacted gravel shoreline trail with great places for fishing, although the trail may be in roughened condition. However, there are wheelchair accessible flush toilets available Father’s Day through Labor Day.

Pemigewasset Ranger District
(603) 536-6100 (business calls)  TTY (603) 536-3665
Visitor information services and accessible restrooms
71 White Mountain Drive, Campton, NH 03223

Elbow Pond – This 56-acre pond is located at the end of Elbow Pond Road (FR 156), approximately 3 miles south on Rt. 118 in Woodstock. Currently, there is passenger car access to the pond, and hardened access to water’s edge. This is an undeveloped recreation site, and does not offer drinking water or restrooms. The site has beautiful views, wildlife, canoeing, and warm water fishing. This cool water pond contains pickerel and yellow perch.

Long Pond Picnic Area & Fishing Area – Located off Long Pond Road (formerly called North-South Road) in Benton, this site offers opportunities for fishing, boating, and picnicking in a gravel-surfaced secluded setting. Charcoal grills and accessible toilets are located here. Access to the dam may be difficult for some people due to the uneven grassy path surfaces. Two accessible platforms have been installed at this site and are accessed by a gravel path.

Otter Rocks Rest Area – Just east of Big Rock Campground, this rest area has picnic tables and accessible toilets near the roadway. Hancock Brook, with its rocks and pools, are an attraction for sitting and swimming. However, the embankment to reach the brook has a grade of 10 to 20% with loose gravel, and there are rocks and tree roots by the river. This presents a challenge, but it can be done for those who are up to it.

Russell Pond – Located off the Tripoli Road in Woodstock, in the Russell Pond campground. The 40-acre Pond offers a wheelchair accessible fishing platform and a boat launch site for non-motorized watercraft. The boat launch may pose some accessibility problems for wheelchair users, especially if the water level is low, and getting into a boat from the fishing platform may also be difficult. There is access to a small beach on a gravel-surfaced trail. Sportsmen can expect to catch Eastern Brook Trout. You do not have to be a camper at the campground to use the pond.

Beaver Pond (potential site) – This 15-acre area is located on the undesignated western end of the Kancamagus Scenic Byway, which runs through the Kinsman Notch and receives substantial visitor use. Fishing is excellent, and construction of a universally accessible fishing area is needed. The State of New Hampshire has completed a major reconstruction of the area, including a parking area and accessible restroom which also services
the Appalachian Trail to the south of the pond. The featured species would be Eastern Brook Trout.

**Zealand River** – A little over a mile up Forest Road 16 in the Zealand River Valley, there is a small pull-off on the left side of the gravel road. A short gravel path leads to the edge of the Zealand River, where the visitor can enjoy a view of a beaver pond, see other wildlife, and find wildlife interpretive information.

**Saco Ranger District**
(603) 447-5448   TTY (603) 447-3121
Visitor information services and restrooms (not fully accessible)
33 Kancamagus Highway
Conway NH 03818

**Albany Covered Bridge** – On the Kancamagus Highway Route 112 west of Conway, NH, this fully wheelchair accessible facility includes paved parking lots on both sides of the river and paved paths leading to the bridge, interpretive signing, and a fishing pad adjacent to the river. The fishing pad is also a good place to view and photograph the historic covered bridge. Wheelchair accessible vault toilets are located at this site.

**Flat Mountain Pond** – In 1991, access to Flat Mountain Pond, especially by persons with disabilities, was reviewed by a committee comprised of interested citizens with disabilities and employees of the White Mountain National Forest. The existing access to Flat Mountain Pond was found to be appropriate within the range of recreation access opportunities on the Forest, and Section 504 of the Rehabilitation Act of 1973. Sportsmen can expect to catch Brook Trout.

**Rail ‘n’ River Trail** – Located behind the Russell-Colbath historic house, this 3/4-mile, shaded loop trail has a compacted gravel surface and easy grades. The trail passes close to the Swift River.

**Rocky Gorge Scenic Area / Falls Pond** – Located on the Kancamagus Scenic Byway, Rocky Gorge has a paved path that leads from the parking area alongside the rapids and to the rocks of the gorge and the pedestrian bridge. Once across the bridge, the path turns to gravel and meanders along the gorge with a dramatic view of the falls, then over a small ridge to Falls Pond, where there is a sitting and viewing area. The pond is stocked with Brook Trout annually, although fishing access to water’s edge is limited.

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