



# Flat Rock Ridge Trail #616

Stearns Ranger District • Daniel Boone National Forest • Kentucky



**Stearns Office**  
3320 US 27 North  
Whitley City, KY 42653  
606-376-5323



**Location**  
From Somerset, go south on US 27 for 24 miles; or from Whitley City, go north on US 27 for 2.5 miles. Look for the Sheltoewe Trace National Recreation Trail symbol. Turn east into the US 27 Sheltoewe Trace Parking area.



**Open Dates**  
Open all year.



**Fees**  
No fees for trail use. Barren Fork Camp is a U.S. Fee Area.



**Accessibility**  
These trails do not meet accessibility standards for persons with disabilities.



**Water**  
Drinking water is available from five faucets in the campground. Nearby pond has water for horses.



Do not tie horses to the trees. Use picket lines and corrals to secure horses.



Trails are closed to motorized vehicles.



Consumption of alcohol and open containers of alcohol are prohibited.



Do not feed bears. Food storage is mandatory. Store your food and trash inside a hardtop vehicle, the trunk of a car or a bear-resistant container. Pack out food and trash if bins are not provided. When camping in the backcountry hang your food at least 10 feet off the ground and four feet away from a tree.

Guides like this are available at [www.fs.usda.gov/dbnf](http://www.fs.usda.gov/dbnf).  
5/29/2014



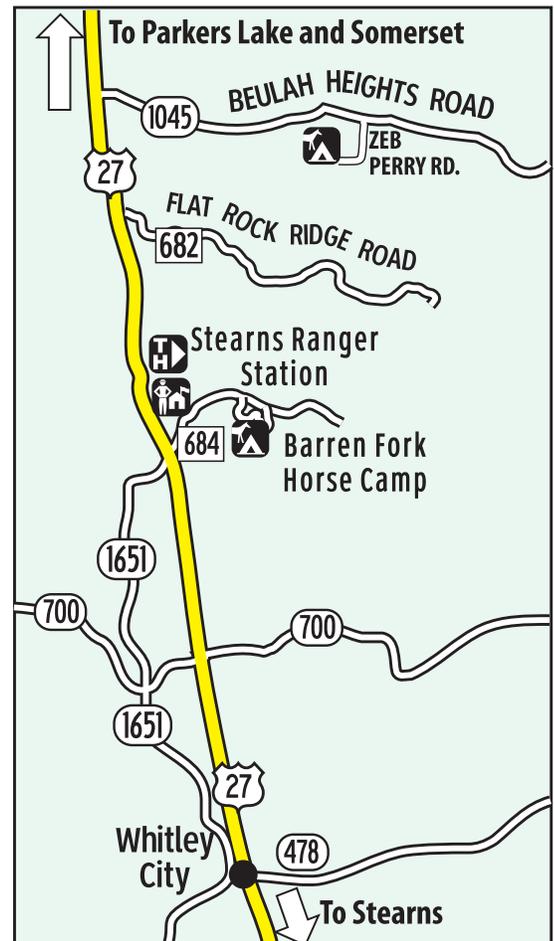
Flat Rock Ridge Trail #616 is located near Barren Fork Horse Camp on Stearns Ranger District. This trail follows a ridge until it descends along the cliff. The trail continues to descend until reaching the Sheltoewe Trace National Recreation Trail, which follows Railroad Fork.

Begins/Ends: US 27; Sheltoewe Trace  
Length: 1.50 miles  
County: McCreary  
Quad: Wiborg  
Closest Town: Whitley City

Difficulty: Most difficult  
Surface: Dirt  
Latitude: 36.78507  
Longitude: -84.481972

## Welcome To Barren Fork Area

This area was the site of a coal mining town operated by Barren Fork Mining and Coal Company from 1881 to 1935. Here they mined what was considered some of the best quality low sulfur coal in McCreary County. Over 100 families were thought to have lived and worked in the mining community. The mines were sold to Eagle Coal Company in 1895. The mines were closed in 1935 due to labor disputes. The land was then sold to the United States in 1936, but the minerals were reserved by the company and small mining operations continued until 1948. In this vicinity you may find the old foundations of some of the buildings that were part of the community.



**KNOW before you GO** You are responsible for your own safety.

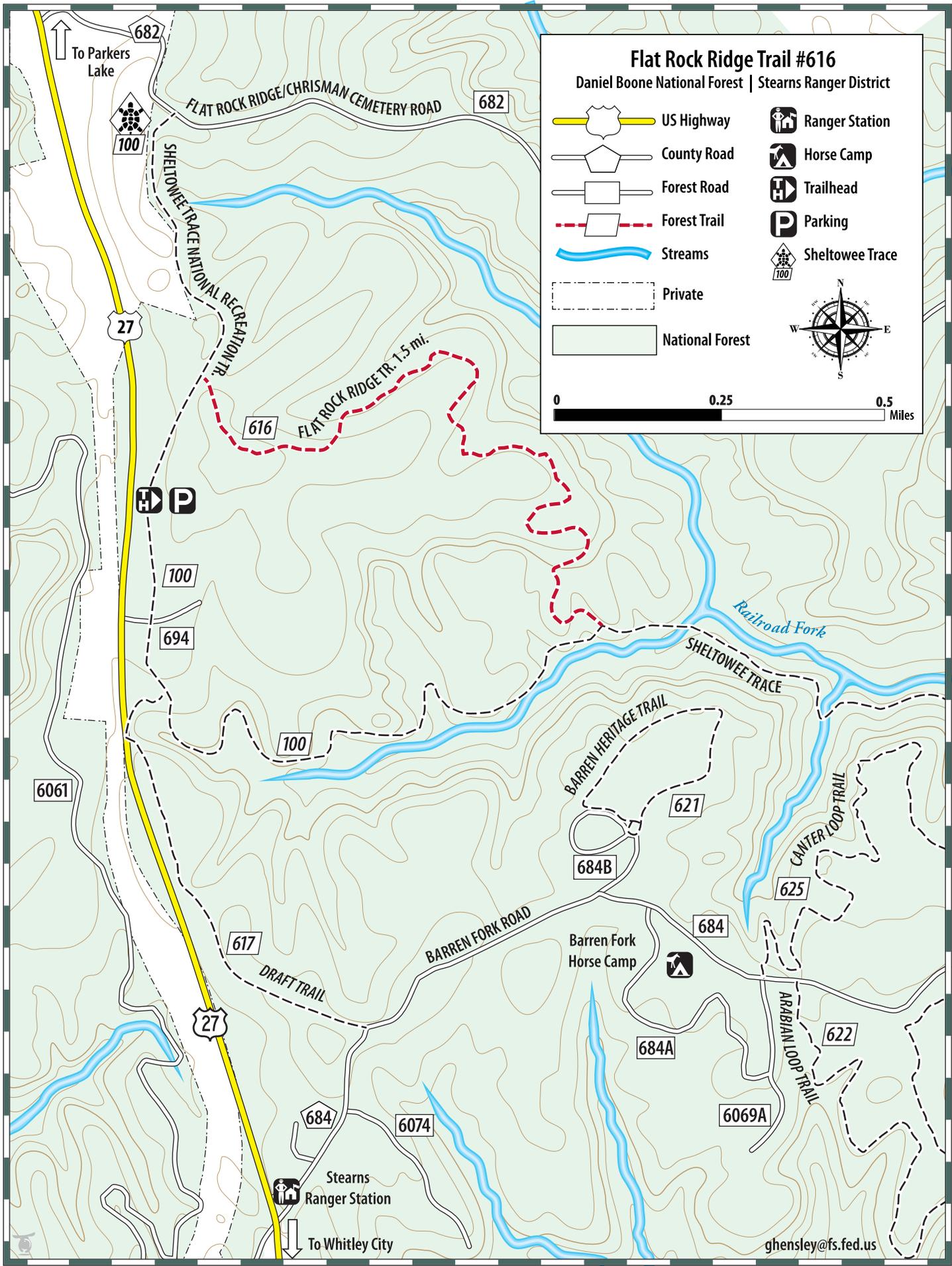
All outdoor activities have inherent risks and you may encounter a variety of unexpected and/or dangerous conditions. It is your responsibility to be informed and take precautions. Learn more at [www.fs.usda.gov/r8](http://www.fs.usda.gov/r8).



U.S. Department of Agriculture - Forest Service  
Southern Region - Daniel Boone National Forest  
<http://www.fs.usda.gov/dbnf>

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Daniel Boone National Forest | Stearns Ranger District

	US Highway		Ranger Station
	County Road		Horse Camp
	Forest Road		Trailhead
	Forest Trail		Parking
	Streams		Shelton Trace
	Private		
	National Forest		
		<p>0                      0.25                      0.5 Miles</p>	