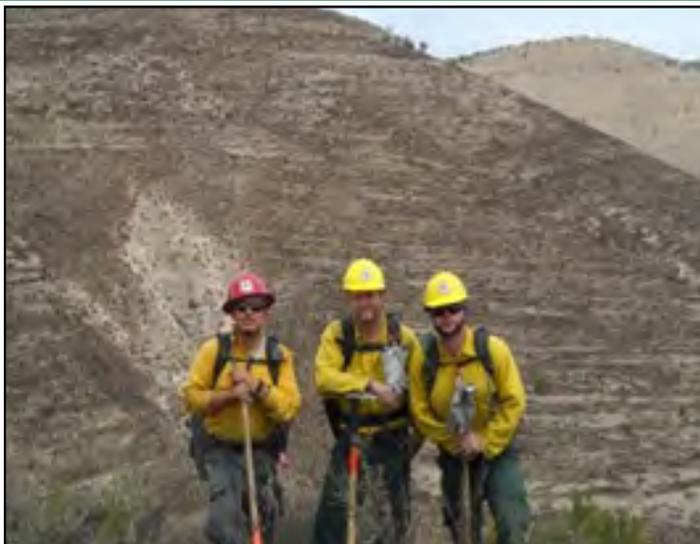


The Sacramento District Review

4 Lost Lodge Rd, Cloudcroft, NM 88317

575-682-2551

Engine Crews: Prepared & Proactive



Sacramento Ranger District Engine Crew 622 on initial attack at the Barclay Fire, East of Piñon (2012)

participate in a safety discussion that covers field safety and important safety awareness highlights within the profession. The national situation report is shared and covers general fire information and ongoing fires

throughout the nation along with their containment status and amount and type of resources.

A local update is also covered that focuses on resources within the Alamogordo zone, followed by daily project work plans. Project work is done in the field or shop while crews are not on fires and involves work such as cutting hazard trees or repairing fence as well as assisting other resource areas such as wildlife, recreation and range with project needs.

-Chris Alirez This work out includes push-ups, pull-ups, crunches, lunges, and stretching, just to name a few. These exercises are done in various numbers and rotations. A typical set consists of 25 push-ups, 10 pull-ups and 25 crunches with each rotation focusing on a different muscle group.

The Sacramento Ranger District firefighting engine crews are always ready to respond to a fire and stay prepared by adhering to a specific daily routine.

Physical training is critical to ensuring that the firefighters are prepared to meet the physical demands of their job. A typical day begins with a vigorous morning run that varies in length from 3 to 6 miles and a strength training workout, consisting of upper body and core strengthening.

After the morning workouts, fire personnel take part in a morning briefing which includes a morning weather forecast and outlook for the week. The firefighters also par-



Wearing of the Green

It ought to come in April, or, better yet, in May when everything is green as green - I mean St. Patrick's Day.

With still a week of winter this wearing of the green seems rather out of season - it's rushing things, I mean.

But maybe March is better when all is done and said: St. Patrick brings a promise, a four-leaf-clover promise, a green-all-over promise of springtime just ahead!

By Aileen Fisher

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Engine Crews: Prepared & Proactive (Cont.)

The engine crews are crews, however, prepared to respond to a fire call within minutes. Fire and/or smoke reports are usually relayed by one of the districts, look-out towers or by vigilant residents who may see smoke in their area.

Firefighters must remain in a constant state of readiness during the fire season and have fire packs ready to go with items such as water, food and basic necessities to sustain oneself for a minimum of twenty-four hours. After the initial twenty-four hour period, firefighters are supported with additional sustenance and may also require the assistance of additional firefighters, depending on the fire behavior and size.

The Sacramento Ranger District is the primary response area for the engine

history, covering 297,845 acres of land in the Southwestern portion of the state in 2012. When extra personnel was requested in fighting these fires, the Lincoln National Forest responded by sending local engines from all three ranger districts.

The High Park Fire covered an area over 87,250 acres of land and is the second largest fire in Colorado's history. The White-Water Baldy fire was the largest fire in New Mexico.

If you are interested in more information on the Sacramento Ranger District engine crews or for employment opportunities, please visit www.usajobs.gov or stop by your local district office.



Sacramento Ranger District engine crew member assists with hazard tree removal

Evening Lecture Series

Please join us on Saturday, March 16th at the Cloudcroft High School Gym for our first lecture of 2013 hosted by the Sacramento Ranger District Fire Managers.

The evening will begin at 4:00 p.m. with a presentation on the wildland fire partnerships between Federal, State and Local agencies in Otero County.

The public is invited! Agency representatives will be available to answer questions regarding wildland fire collaborative management efforts between agencies.

The April lecture "Sharing the Forest with Wildlife" presented by Jason Kline with NM Game & Fish is scheduled for April 11th from 6:00 - 7:00 p.m. at the Sacramento Ranger Station, #4 Lost Lodge Rd. in Cloudcroft.

Learn how to co-exist with our local wildlife. The lecture will focus primarily on bears and mountain lions, as well as the fawn/elk calf survival process.

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Unscramble each of the clue words. Copy the letters in the numbered cells above to the cells below with the same number to reveal a special message!

. ! !

St. Patrick's Day is celebrated internationally on March 17th each year. The holiday is named after Saint Patrick who is the most commonly recognized of the patron saints of Ireland.

Originally, the color associated with Saint Patrick was blue, but over the years the color green became better associated with St. Patty's Day and Ireland, the "Emerald Isle." Green ribbons and shamrocks were worn in celebration of the day as early as the 17th century.

The phrase "the wearing of the green," which means to wear a shamrock on your clothes, comes from a song of the same name. Don't forget to pinch (lightly of course) someone if they aren't wearing green!

CRAFT PROJECT: 3D SHAMROCK TABLE DECORATION



Materials:

- green cardstock or construction paper
- scissors
- tape (optional)

Directions:

1. Cut 2 identical shamrock shaped pieces from the paper.
2. On one shamrock, cut from the bottom up to the center of the shamrock. On the other shamrock, cut top down to the center of the shamrock.
3. Slide the two shamrocks together. Tape can be used to reinforce the shamrock.

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The Ranger's Report



**James Duran,
District Ranger**

I'm hopeful that the day you choose to read this article is a day with moisture in the air and an enjoyable light breeze. As we leave a winter season that produced very little snow-pack and with the drought conditions continuing to compound on the mountain, many people have raised concerns over the drought and the Forest Service's response to drought. I would like to give a little insight as to how the agency approaches this concept.

I will start with sharing the fact that in recent years, the weather patterns we've experienced have been unusual and for many of our staff on

the district who have considered when conditions really warrant such of their life, it has been action. Any form of re-very different in the strictions come with di-woods. We have been rect impacts to local in extreme drought but communities and to the at critical points in the public who cherish the growing season or early Lincoln National Forest. fall when moisture real- There are also impacts ly counts; Mother Na- to livestock owners who ture has supplied us hold permits to graze on with just a little relief to the national forest. For give the land an oppor- many managers, this tunity to respond, tem- means making difficult porarily. decisions to reduce stocking rates or rotate

Drought impacts all of our programs. One question that has been frequent as of late is; do you think the forest will close this summer? The only response I have this early is; if it continues to remain dry with typical spring winds, it doesn't look good and there is a very high probability that we will be in restrictions and a possible closure. Again, all these decisions are dependent on conditions.

Forest restrictions and closure are definitely a last resort. This is something that is only

restrictions come with di- woods. We have been rect impacts to local communities and to the public who cherish the Lincoln National Forest. There are also impacts to livestock owners who hold permits to graze on the national forest. For many managers, this means making difficult decisions to reduce stocking rates or rotate livestock to pastures off the forest. Often times, contractors and partners completing valuable work on the national forest are forced to stop work in order to mitigate risks. Drought doesn't discriminate.

Overall, we do not know exactly what card Mother Nature will deal to the Sacramento's. However, we will do the best we can with the information that we have available. This effort will be much of our focus throughout March. I look forward to sharing more this month.

Write a letter to the Ranger

If you've ever wondered about timber harvests, endangered species, off-road vehicle use, or other natural resource management topics, this is your opportunity to get your answer.

Individuals aspiring to acquire knowledge about the US Forest Service are encouraged to escape the fast-paced world of technology and write a good old-fashioned letter to the Ranger.

If you would like to write a letter to James Duran, Sacramento District Ranger, please mail it to: P.O. Box 288, Cloudcroft, NM 88317.

