Always practice trail courtesy as many trails are multiple use. Visitors should always carry their own water. Every year mountains of New Mexico exact a toll of victims from the unwary, unprepared and uninitiated. The chief hazards to be aware of are storms (always dress in layers), dehydration, heat exhaustion, heat stroke and getting lost. A complete itinerary of your trip, along with the name and address of each member, description and license numbers of vehicles used, and expected time of return should always be left with a reliable person. Once underway, stick to your planned route and schedule.

<table>
<thead>
<tr>
<th>Trail Number</th>
<th>Trail Name</th>
<th>Difficulty Rating</th>
<th>Length in Miles</th>
<th>Elevation Change in Feet</th>
</tr>
</thead>
<tbody>
<tr>
<td>56</td>
<td>La Mosca</td>
<td>Moderate</td>
<td>0.6</td>
<td>648</td>
</tr>
<tr>
<td>73</td>
<td>Cottonwood</td>
<td>Moderate</td>
<td>1.4</td>
<td>681</td>
</tr>
<tr>
<td>78</td>
<td>Albuquerque</td>
<td>Moderate</td>
<td>3.5</td>
<td>797</td>
</tr>
<tr>
<td>79</td>
<td>Cerro Blanco</td>
<td>Moderate</td>
<td>1.9</td>
<td>262</td>
</tr>
<tr>
<td>80</td>
<td>Kayser Mill</td>
<td>Moderate</td>
<td>3.3</td>
<td>1,794</td>
</tr>
<tr>
<td>89</td>
<td>Red Canyon</td>
<td>Difficult</td>
<td>2.4</td>
<td>1,101</td>
</tr>
<tr>
<td>99</td>
<td>Box Canyon</td>
<td>Moderate</td>
<td>1.4</td>
<td>256</td>
</tr>
<tr>
<td>101</td>
<td>New Canyon</td>
<td>Moderate</td>
<td>2.0</td>
<td>1,008</td>
</tr>
<tr>
<td>170</td>
<td>Crest</td>
<td>Easy to Difficult</td>
<td>20.1</td>
<td>1,017</td>
</tr>
<tr>
<td>170A</td>
<td>Pine Shadow</td>
<td>Difficult</td>
<td>5.9</td>
<td>2,565</td>
</tr>
<tr>
<td>173</td>
<td>Fourth of July</td>
<td>Moderate</td>
<td>1.8</td>
<td>844</td>
</tr>
<tr>
<td>173</td>
<td>Fourth of July Spur</td>
<td>Easy</td>
<td>0.8</td>
<td>246</td>
</tr>
<tr>
<td>174</td>
<td>Bosque</td>
<td>Moderate</td>
<td>2.1</td>
<td>1,086</td>
</tr>
<tr>
<td>176</td>
<td>Trail Canyon</td>
<td>Moderate</td>
<td>1.6</td>
<td>744</td>
</tr>
<tr>
<td>182</td>
<td>Comanche</td>
<td>Difficult</td>
<td>6.9</td>
<td>2,047</td>
</tr>
<tr>
<td>184</td>
<td>Salas</td>
<td>Difficult</td>
<td>8.1</td>
<td>3,521</td>
</tr>
<tr>
<td>189</td>
<td>Spruce Spring</td>
<td>Moderate</td>
<td>3.5</td>
<td>1,253</td>
</tr>
<tr>
<td>190</td>
<td>Ox Canyon</td>
<td>Moderate</td>
<td>3.9</td>
<td>1,602</td>
</tr>
<tr>
<td>102</td>
<td>Navajo</td>
<td>Moderate</td>
<td>0.6</td>
<td>60</td>
</tr>
</tbody>
</table>

Facilities

<table>
<thead>
<tr>
<th>Facilities</th>
<th>Fee Required</th>
<th>Amenities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Albuquerque Trailhead</td>
<td>No</td>
<td>Toilets and corral.</td>
</tr>
<tr>
<td>Bosque Trailhead</td>
<td>No</td>
<td>Toilets, tables, fire grates, trail and corral.</td>
</tr>
<tr>
<td>Ox Canyon Trailhead</td>
<td>No</td>
<td>Toilets, fire grates, trails and tables.</td>
</tr>
<tr>
<td>Pine Shadows Trailhead</td>
<td>No</td>
<td>Toilets, tables, fire grates, trail, corral, and stock tank.</td>
</tr>
<tr>
<td>Capilla Peak Campground</td>
<td>Yes</td>
<td>Toilets, tables, fire grates or pit, and trails nearby.</td>
</tr>
<tr>
<td>Fourth of July Campground</td>
<td>Yes</td>
<td>Toilets, tables, fire grates, and hiking (no livestock permitted)</td>
</tr>
<tr>
<td>New Canyon Campground</td>
<td>No</td>
<td>Toilets, tables, fire grates, and trail.</td>
</tr>
<tr>
<td>Red Canyon Campground</td>
<td>Yes</td>
<td>Toilets, fire grates and grills, trails, tables, picnic area and horses permitted in upper loop corrals.</td>
</tr>
<tr>
<td>Tajique Campground</td>
<td>No</td>
<td>Toilets, tables, fire grates, and fishing in the spring and fall.</td>
</tr>
</tbody>
</table>

For More Information, Contact:
Cibola National Forest
2113 Osuna Road NE
Albuquerque, NM 87113-1001
Voice & TTY: (505) 346-3900
Mountainair Ranger District
P.O. Box 69
Mountainair, NM 87037-0069
Voice: (505) 847-2990

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, age, religion, disability, political beliefs, sexual orientation, marital status, veteran status, parental status, sexual orientation, gender identity, genetic information, date of birth, and disability. USDA is an equal opportunity provider and employer.