

East Fork Trail #650

Recreation Opportunity Guide



Northwest
Forest Pass
Required
May 15-Oct 1



Distance..... 1.6 miles (one way)
Elevation..... 2880-3000 feet
Snow Free June to October



Easier

Trail Highlights: This trail is on the east side of Mount Hood. The trail passes through a variety of mature timber and new growth forests along East Fork Hood River.

Trail Description: This trail begins at Polallie Trailhead (OR Hwy 35) and ends at the Tamanawas Falls parking area (OR Hwy 35). From Polallie Trailhead (2,880), head south 0.1 to the junction with Elk Meadows Trail #645. Continue south along the East Fork Hood River from the junction 1 mile to the junction with Tamanawas Trail #650A. From the Tamanawas Trail junction, continue south 0.5 mile to the end of the trail at Tamanawas Falls parking area (OR Hwy 35). The trail incurred heavy damage during recent flooding. The trail no longer crosses the Hood River to tie into the Robin Hood Campground.

Regulations & Leave No Trace Information:

- Northwest Forest Passes are required at the Tamanawas Falls parking area.

Leave No Trace

- Plan Ahead and Prepare: Prepare for extreme weather, hazards and emergencies.
- Travel and Camp on Durable Surfaces: Use established trails and campsites.
- Dispose of Waste Properly: Pack out all trash, leftover food and litter.
- Leave What You Find: Avoid introducing or transporting non-native species.
- Minimize Campfire Impacts: Use established fire rings & keep fires small.
- Respect Wildlife: Control pets at all times.
- Be Considerate of Other Visitors: Avoid loud voices and noises.

For information on **Leave No Trace**, go to www.LNT.org or call 1-800-332-4100

For current trail conditions and more recreation information go to:

<http://www.fs.usda.gov/mthood>

Map and driving directions on next page

Mt. Hood National Forest
16400 Champion Way
Sandy, OR 97055
503-668-1700

Hood River Ranger District
6780 Hwy 35
Parkdale, Oregon 97041
541-352-6002

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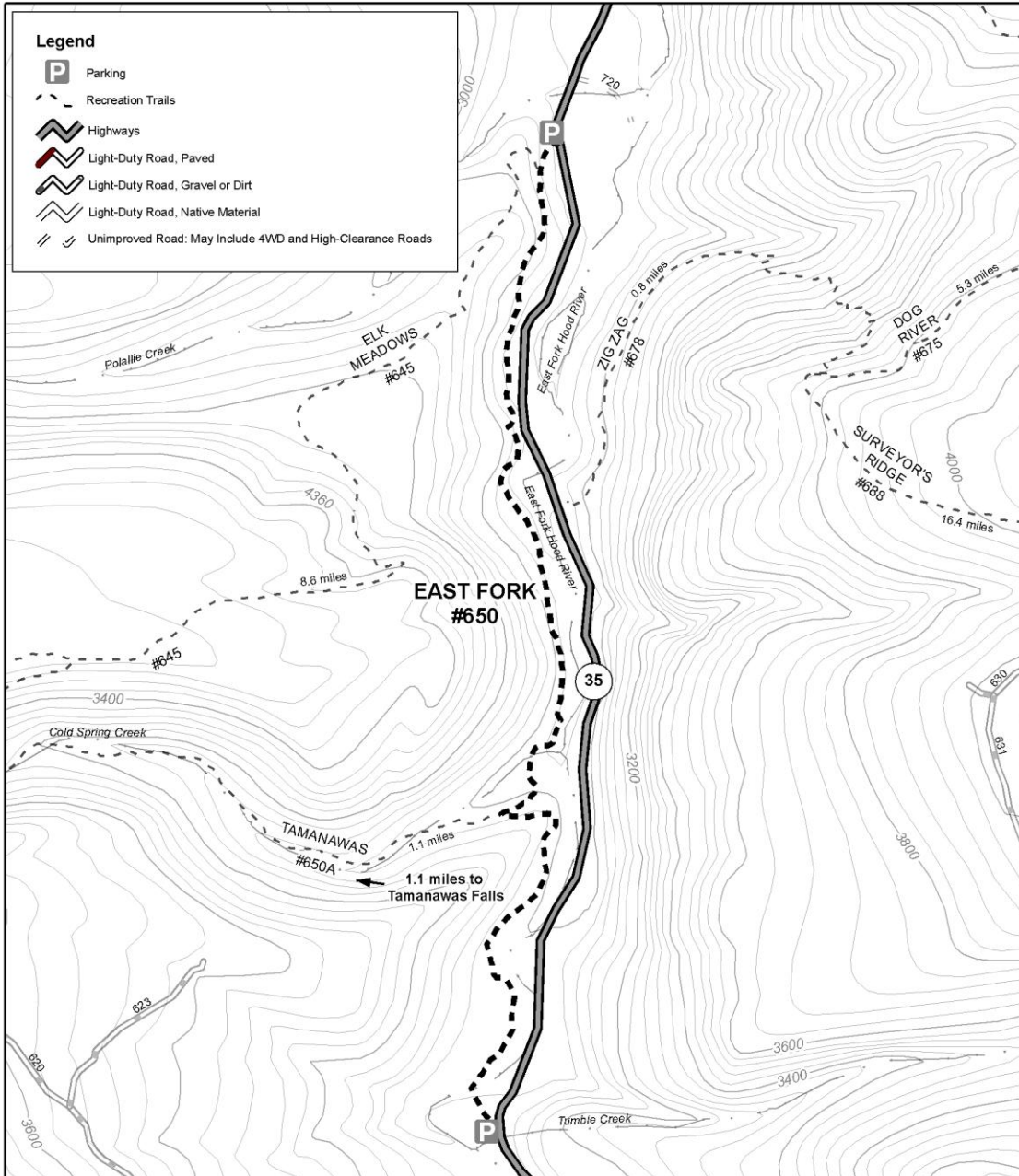
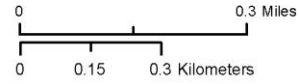


Directions to Trailhead: From Hood River, travel approximately 22.2 miles south on Oregon Hwy 35 to Polallie Trailhead, approximately 0.3 miles south of milepost 74, and turn right into the pullout just south of Cooper Spur Road.

From Portland, travel approximately 31 miles east of Sandy on US Hwy 26 to the intersection with Oregon Hwy 35. Turn north onto Oregon Hwy 35 and travel 16.5 miles north on Oregon Hwy 35 to Polallie Trailhead, approximately 0.7 miles north of milepost 73 and turn right into the pullout just south of Cooper Spur Road.

650 East Fork
1.6 miles

2.5 km



Recommended maps: Hood River Ranger District

