Getting There

Access
The Virgin River Rim Trail can be accessed from several points depending on how far, and which direction you wish to travel.

From Cascade Falls
- Proceed east on 200 North for 1 mile to the intersection with Cascade Falls. Turn right onto Cascade Falls and head south for 0.2 miles to the junction with Navajo Lake Road/Forest Road #053. Turn right onto Navajo Lake Road and continue 5.7 miles. After you pass Cascade Falls, continue southeast on UT-14 for 11.5 miles. Woods Ranch is on your right. The trailhead is the road to the north of the large pavilion and swing set. You can park near the pavilion or there is more parking further south in the parking area at Strawberry Point. The parking area at Strawberry Point is larger and can accommodate more vehicles than the small pullout at the trailhead.

From Cedar City to Strawberry Point:
Approximately 21.5 miles
From I-15 take Exit 59 for UT-56/200 North. Proceed east on 200 North for 1 mile to the intersection with Main Street. Turn right onto Main Street and head south for 0.2 miles to the junction with Navajo Lake Road/Forest Road #053. Turn right onto Navajo Lake Road and continue 8.6 miles, where you will see the trailhead on your left. Continue on another 0.2 miles to the parking area at Strawberry Point. The parking area at Strawberry Point is larger and can accommodate more vehicles than the small pullout at the trailhead.

From Cedar City to Cedar City:
Approximately 29.5 miles
From I-15 take Exit 59 for UT-56/200 North. Proceed east on 200 North for 1 mile to the intersection with Main Street. Turn right onto Main Street and head south for 0.2 miles to the junction with Center Street/University Blvd/UT-14. Turn left onto Center Street/UT-14 and continue southeast on UT-14 for 25.3 miles to the junction with Navajo Lake Road/Forest Road #053. Turn right onto Navajo Lake Road and continue 1.1 miles. Turn right to stay on Forest Road #054 and continue another 1.6 miles to the Cascade Falls parking area. The trail to your east is coming from Strawberry Point and the trail to your west is from Te-ah.

From Cedar City to Te-ah:
Approximately 32 miles
From I-15 take Exit 59 for UT-56/200 North. Proceed east on 200 North for 1 mile to the intersection with Main Street. Turn right onto Main Street and head south for 0.2 miles to the intersection with Center Street/University Blvd/UT-14. Turn left onto Center Street/UT-14 and continue southeast on UT-14 for 25.3 miles to the junction with Navajo Lake Road/Forest Road #053. Turn right onto Navajo Lake Road and continue for 25.3 miles to the junction with Navajo Lake Road/Forest Road #053. Turn right onto Navajo Lake Road and continue 5.7 miles. After you pass Te-ah campground but before you take the sweeping left turn to the south you will see a pull out and a trailhead sign. Park here, the trail straight ahead is coming from Woods Ranch behind you down the road approximately 200 feet is the trail coming from Cascade Falls. 

From Cedar City to Woods Ranch:
Approximately 13 miles
From I-15 take Exit 59 for UT-56/200 North. Proceed east on 200 North for 1 mile to the intersection with Main Street. Turn right onto Main Street and head south for 0.2 miles to the junction with Center Street/University Blvd/UT-14. Turn left onto Center Street/UT-14 and continue southeast on UT-14 for 11.5 miles. Woods Ranch is on your right. The trailhead is the road to the north of the large pavilion and swing set. You can park near the pavilion or there is more parking further south in the loop.

Virgin River Rim Trail

The Virgin River Rim Trail winds through 32 miles of some of the most spectacular scenery southern Utah has to offer. From stunning pink cliffs, to verdant high altitude forests, the trail offers a little something for everyone.

The trail is long and can be quite rigorous at points so most people choose to only enjoy a portion at a time. The following suggestions are provided to help you find the adventure you are looking for during your visit to the Dixie National Forest.

Strawberry Point to Cascade Falls
Approximately 11 miles
This section of trail offers amazing views off of the “top step” of the Grand-Staircase to the “lower steps” of Zion National Park. There are numerous places along this section to stop and enjoy the view. Eroded from limestone, the iron in the rock rusts, creating spectacular colors along the side of the rim.

Cascade Falls to Te-ah
Approximately 9 miles
This section of trail is packed with views of the headwaters of the Virgin River and Zion National Park. If you have the time you may also enjoy the short half mile hike down to Cascade Falls. As Navajo Lake slowly drains through the lava rock below it exits at Cascade Falls. There are also several access points from this portion of the trail down to Navajo Lake. Utilizing the Dike, Spruces, Navajo, or Lodge trails you can be into the Navajo Lake Loop trail. This trail offers a beautiful nine mile ride around Navajo Lake.

Te-ah to Woods Ranch
Approximately 12 miles
This section of trail winds through thick forests of Douglas fir and Aspen meadows. This section provides the best opportunity for wildlife viewing.

We hope that you enjoy your visit to the Dixie National Forest. Please remember to respect your National Forest Lands and Tread Lightly!