



Green Mountain *National Forest*

Caring for the Land and Serving People

Silent Cliff Trail

Trail Facts:

Length: 1.6 miles round trip	Features: Views, Breadloaf Wilderness Access
Max. Elevation Change: 400 feet	USGS maps: Breadloaf Quad
Amount of use: Moderate	Hiking level: Moderate – Difficult
Average trip time: 1 – 1 ¾ hours round trip	

Trail Description:

From Middlebury Gap, follow the Long Trail north into the Breadloaf Wilderness as it rises quickly to the junction with the Silent Cliff Trail at 0.4 miles. Take the spur trail east for 0.4 miles to Silent Cliff and Silent Cave. From the Cliffs there are good views south of Middlebury Gap, Monastery Gap, and the Green Mountains.

Directions:

From Middlebury, follow Route 7 south to the junction with Route 125. Follow Route 125 east for 9.2 miles to the top of Middlebury Gap. Trailhead parking is located on the right. The Long Trail north is on the opposite side of Route 125.

From Rochester, follow Route 100 north to the junction with Route 125. Follow Route 125 west for 6.2 miles to the top of Middlebury Gap. Trailhead parking is located on the left. The Long Trail north is on the opposite side of Route 125.

Nearby Destinations or Attractions:

- Texas Falls Recreation Area
- Robert Frost Interpretive Trail and Wayside

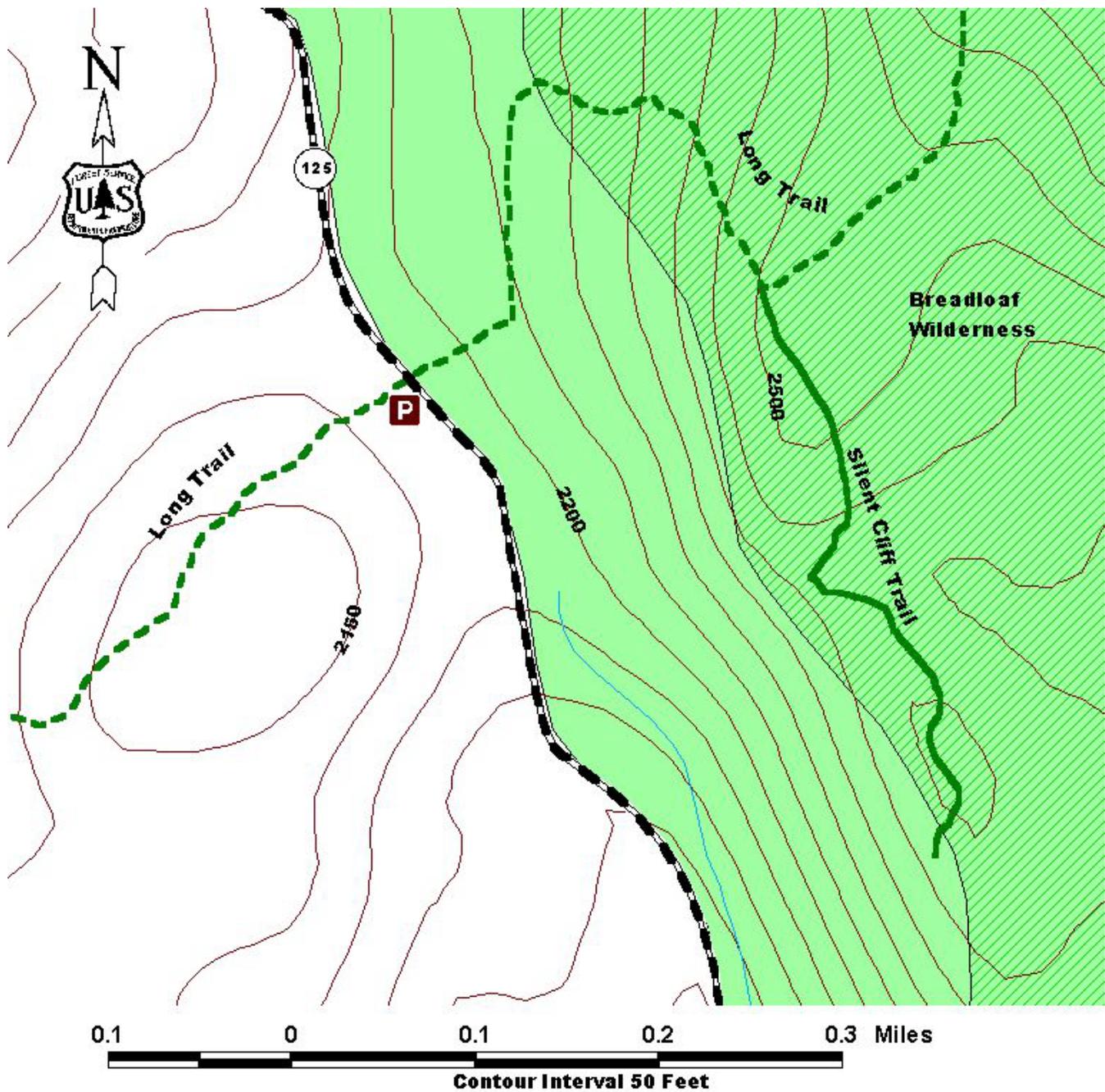
Area Services:

Food and Services: Middlebury and Rochester restaurants and fuel stations
For all Emergencies: 911
911 Information: The trailhead is in the Town of Hancock, on Route 125

 	U.S. Department of Agriculture Forest Service	Green Mountain & Finger Lakes National Forests 231 North Main Street, Rutland, VT 05701 (802) 747-6700 Phone (802) 747-6766 FAX Website: www.fs.usda.gov/greenmountain
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The USDA is an equal opportunity provider and employer.

Map:



For More Information:

Middlebury Ranger District, 1007 Route 7 South, Middlebury, VT 05753, (802) 388-4362
Rochester Ranger District, 99 Ranger Rd., Rochester, VT 05767, (802) 767-4261

This Recreation Guide is Available in Large Print at Forest Service Information Centers

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