Mirror Lake Trail #664





Recreation Opportunity Guide

Distance...... 1.9 miles to lake3.8 miles to ridge Snow Free July to October



Trail Highlights: Views of Mt Hood from a small backcountry lake are a big draw for this trail. Mirror Lake is a classic glacial cirque lake. The steep slopes south and southwest of Mirror Lake are the glacier cirque headwall. This trail is heavily visited and is kid-friendly for the adventurous family. Hiking up to Tom Dick and Harry Ridge is an additional 1.9 miles after reaching the lake for a more challenging hike with a view of the Cascade Range.

Trail Description: The 1.9 mile from the trailhead to the lake gains 460 feet at a steady, moderate climb. The trail surface is wider than average to the lake and once at the lake, hikers may enjoy a narrower, 0.5 mile lakeside trail. From the southwest corner of the lake the trail continues 1.9 miles across the slope and onto the ridge top of Tom Dick and Harry Mt. The upper section of the trail is much rougher and narrower, with the last 200 yards of trail being very steep and rocky to access a view point at the trail's end. This trail is also popular for winter recreation. Snowshoeing is allowed on the trail, but signage is not installed for winter recreation activities. Route finding and navigational skills are highly recommended for winter recreation use.

Regulations & Leave No Trace Information:

Above mirror lake is Wilderness. No more than 12 people per group.

Leave No Trace

- Plan Ahead and Prepare: Prepare for extreme weather, hazards and emergencies.
- Travel and Camp on Durable Surfaces: Use established trails and campsites.
- Dispose of Waste Properly: Pack out all trash including pet waste.
- Leave What You Find: Leave rocks, plants and other natural objects as you find them.
- Minimize Campfire Impacts: Use established fire rings & keep fires small.
- Respect Wildlife: Control pets at all times.
- Be Considerate of Other Visitors: Avoid loud voices and noises.

For information on *Leave No Trace*, go to <u>www.LNT.org</u> or call 1-800-332-4100

For current trail conditions and more recreation information go

to: http://www.fs.usda.gov/r06/mthood

Map and driving directions on next page

Mt. Hood National Forest 16400 Champion Way Sandy, OR 97055 503-668-1700

Zigzag Ranger District 70220 E. Highway 26 Zigzag, Oregon 97049

503-622-3191

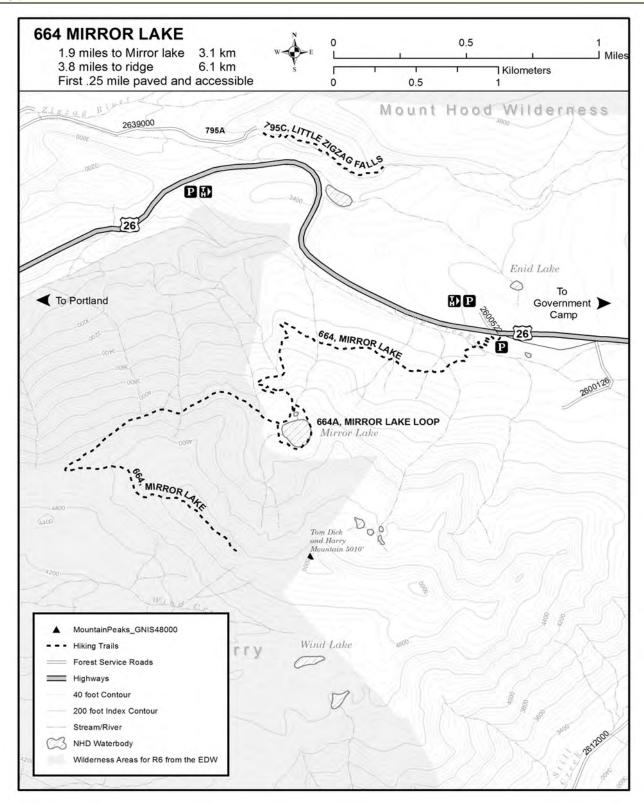
The USDA is an equal opportunity provider and employer.



Directions to Trailhead: The trail begins at Hwy 26 at the Mirror Lake trailhead.

<u>From Portland</u> – travel 27.5 miles east of Sandy on US Hwy. 26 and turn right into the Skibowl West/Mirror Lake Trailhead parking area.

<u>From Government Camp</u>: From the west end of the Government Camp Loop Rd. Turn right (West) onto Hwy. 26. Travel 0.4 miles West on Hwy. 26 to the Mirror Lake Trailhead Parking Area which will be on your left.



Recommended maps: Zigzag Ranger District