

## Designated Sites Managed by Partners

- The White Mountain National Forest has many backcountry sites managed by partner organizations under a special use permit.
- Expect fees at any site run by the Appalachian Mountain Club, Harvard Mountaineering Club, and Randolph Mountain Club.
- Dartmouth Outing Club has first come-first served free designated backcountry sites.
- For more information on these sites please contact the above organizations.



## Welcome to White Mountain National Forest

- Restrictions listed in this brochure are designed to protect overused and fragile areas.
- Note: rules are subject to change. Check with the Forest Service before planning your trip.

### PEMIGEWASSET RANGER DISTRICT & FOREST SUPERVISOR'S OFFICE

71 White Mountain Drive  
Campton, NH 03223  
Phone: (603) 536-6100

### ANDROSCOGGIN RANGER DISTRICT

300 Glen Road  
Gorham, NH 03581  
Phone: (603) 466-2713

### SACO RANGER DISTRICT

33 Kancamagus Highway  
Conway, NH 03818  
Phone: (603) 447-5448

### WHITE MOUNTAIN VISITOR CENTER

200 Kancamagus Highway  
North Woodstock, NH 03262  
Phone: (603) 745-3816

### LINCOLN WOODS VISITOR CENTER

Kancamagus Highway  
Lincoln, NH 03251

WEBSITE: [fs.usda.gov/whitemountain](http://fs.usda.gov/whitemountain)

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Dial 711 for telecommunication relay services for each office.

# WHITE MOUNTAIN National Forest

## BACKCOUNTRY CAMPING



## REGULATIONS AND GUIDE



Forest Service  
U.S. DEPARTMENT OF AGRICULTURE

## Black Bears and Food Storage

\*Improper Food Storage 36 CFR 261.58(CC) \$100 Fine\*

- Visitors who have not properly stored their food risk their own safety. This may result in receiving a citation.
- Coolers are not bear resistant and must be stored in a provided food locker, a hard sided vehicle, closed building, or hung.

Rent a bear canister free of charge at any of our ranger stations.

### Properly Stored Means:

- Stored in a provided food storage box, a circular lid bear canister with locking lid, or inside a hard sided vehicle with doors and windows closed.
- Hung 12 feet above the ground and 6 feet from any vertical support.

NO CAMPING IN PARKING LOTS & FOREST PROTECTION AREAS EXCEPT AT DESIGNATED SITES.

NO FIRES IN FOREST PROTECTION AREAS EXCEPT AT PROVIDED DESIGNATED FIRE RINGS

NO DRONES IN FOREST PROTECTION AREAS.

NO FIREWORKS WITHIN THE NATIONAL FOREST.

NO DAMAGING LIVE OR STANDING TREES.

NO MARIJUANA ON NATIONAL FOREST REGARDLESS OF STATE LAWS.

WHILE IN DEVELOPED AREAS (CAMPGROUNDS, TRAIL HEADS, PICNIC AREAS) DOGS MUST BE ON A LEASH. OUTSIDE THESE DEVELOPED AREAS THEY MUST BE LEASHED OR UNDER VOICE CONTROL.

## LEAVE NO TRACE



Plants, animals, cultural sites, and artifacts should be left alone.



In some areas campfires are prohibited.



Don't feed, chase, or harass wildlife.



Loud noises, out of control pets, cell phones, and radios are a few examples of what might bother other hikers



Do your research before visiting an area. Have a map, proper clothing, food, and equipment.



Stay on the trail and camp at least 200 feet from trails and water sources.



Carry out what you carry in. Bury human waste in a hole 4-8 inches deep away from water, trails, and campsites.

## Hiker Responsibility Code

*You are responsible for yourself, so be prepared*

1. **With knowledge and gear.** Become self reliant by learning about terrain, conditions, and your equipment.
2. **To leave your plans.** Tell someone where you are going, when you will return, and your emergency plan.
3. **To stay together.** When you start as a group, hike as a group and end as a group.
4. **To turn back.** Weather changes quickly in the mountains. Fatigue and unexpected conditions can also affect your hike. Know your limitations and when to postpone your hike.
5. **For emergencies.** An injury, severe weather, or wrong turn could be life threatening. Don't assume you will be rescued; know how to rescue yourself.
6. **To share the hiker code with others.**

**hikeSafe: It's Your Responsibility**

[www.hikeSafe.com](http://www.hikeSafe.com)



## Forest Protection Areas (FPAs) Pemigewasset Ranger District

1/4 mile FPA regulations apply to the following areas (except at designated sites):

### Developed Sites:

- Any hut, shelter, developed tent site, cabin, picnic area, developed day use site, or campground
- Any Trailhead

### Waterbodies:

- Black Pond
- East Branch of the Pemigewasset River from the Kancamagus Highway (Rt. 112) to Franconia Brook including islands
- East Pond
- Greeley Ponds
- Kiah Pond
- Long Pond including islands
- Thoreau Falls

200 ft FPA regulations apply to the following areas (except at designated sites):

### Trails:

- Ammonoosuc Ravine Trail
- Appalachian Trail corridor from the summit of Mt. Moosilauke to the Connecticut River
- Falling Waters Trail
- Liberty Springs Trail
- Old Bridle Path

### Waterbodies:

- Black Mountain Pond
- East Branch of the Pemigewasset River from the Wilderness boundary to its crossing with Thoreau Falls Trail including islands

Scan QR codes for map  
Pemigewasset Ranger District



(West)



(East)

### What is a Forest Protection Area (FPA)?

Forest Protection Areas (FPAs) are overused or fragile areas of the Forest where use restrictions are applied.

### Regulations include:

- Camping only at designated sites
- 14 day stay limit on all campsites
- No wood or charcoal fires
- No landing of drones

### What is a Designated Site?

- Designated sites are campsites or picnic areas within a Forest Protection Area where camping and/or fires may occur.
- These sites are identified by an official sign, symbol, or map.
- Not all Forest Protection Areas have designated sites.
- Designated sites in Wilderness may not appear on any maps.

## Forest Protection Areas (FPAs) Androscoggin Ranger District

1/4 mile FPA regulations apply to the following areas (except at designated sites):

### Developed Sites:

- Any hut, shelter, developed tent site, cabin, picnic area, developed day use site, or campground
- Any Trailhead

### Waterbodies:

- Unknown Pond
- Virginia Lake (southern shoreline)

### Special Areas:

- Cutler River Drainage
- Zeta Pass

### Trails:

- Great Gulf Trail from the jct. with Sphinx Trail to the jct. with Gulfside Trail

200 ft FPA regulations apply to the following areas (except at designated sites):

### Trails:

- Valley Way Trail from the jct. with Scar Trail to Madison Hut
- One mile south of Wild River Campground on Wild River Trail

Scan QR code  
for map of  
Androscoggin  
Ranger District



## Forest Protection Areas (FPAs) Saco Ranger District

1/4 mile FPA regulations apply to the following areas (except at designated sites):

### Developed Sites:

- Any hut, shelter, developed tent site, cabin, picnic area, developed day use site, or campground
- Any Trailhead

### Waterbodies:

- Champney Falls
- Diana's Baths
- Sabbaday Falls
- Sawyer Ponds including Little Sawyer Pond

200 ft FPA regulations apply to the following areas (except at designated sites):

### Trails:

- Champney Falls Trail from the trailhead to the falls

FPA regulations apply to the following area (except at designated sites):

### Mount Chocorua Scenic Area

- No camping except at Jim Liberty Cabin and Camp Penacook Shelter
- No fires except at Camp Penacook
- No landing of drones

Scan QR code for  
map of  
Saco Ranger  
District



## Wilderness in the White Mountain National Forest

### What is Wilderness?

A federally designated primitive area where trail signs, blazes, and improvements such as footbridges are minimal, if present at all.

### Designated Wilderness Areas

- Caribou-Speckled Mountain
- Great Gulf
- Pemigewasset
- Presidential Range-Dry River
- Sandwich Range
- Wild River

### Wilderness Regulations

- Hiking and camping group size is limited to 10 people or less
- No motorized or mechanized equipment
  - \* ATVs
  - \* Bicycles
  - \* Carts
  - \* Drones
  - \* Wagons
- Wheelchairs are allowed in Wilderness

### Pemigewasset/Presidential Dry River Wilderness Regulations

- No camping, wood, or charcoal fires within 200ft of any trail except at designated sites

### Great Gulf Wilderness Regulations

- No wood or charcoal fires at any location
- No camping within 1/4 mile of the Great Gulf Trail between its junctions with the Sphinx and Gulfside Trails
- No camping within 200ft of any trail except at designated sites

## Additional Regulations

### Camping Regulations in the Alpine Zone (This is a high elevation zone with fragile plants & trees less than 8ft tall.)

- No camping except on 2 or more feet of snow
- No camping on frozen bodies of water
- No wood or charcoal fires
- No landing of drones

### Cutler River Drainage Regulations

- No camping except at Hermit Lake Shelters (year-round) and Harvard Mountaineering Club Cabin (December 1- March 31 only)
- No wood or charcoal fires
- Above treeline areas of the Cutler River Drainage which include Tuckerman and Huntington Ravines, Alpine Garden, and East Snowfields are closed to camping regardless of snow cover.

### Experimental Forests, Research Natural & Scenic Area Regulations

#### No Camping

- Bartlett Experimental Forest
- Rocky Gorge Scenic Area

#### No wood or charcoal fires

- All Research Natural Areas and Candidate Research Natural Areas
- Rocky Gorge Scenic Area

