

# Seniors

Continued from Page 1C

A broken hip during the senior years has long been known to send patients on a downward spiral.

But this study impli-

cated long-healed fractures of any type as early as middle age to poor health later on.

» Good mobility — no trouble walking quickly or getting up from chairs — is one of the best indicators of well-being. Prior fractures were a risk for poor later mobility.

» Obesity seems to

pose little as long as long wise in mental the diabetes ease the companies e Haag controversy being o senior y

## Your Source

# Legals

for the latest...

### Legal Notices

#### Decision Notice

Greater Sage-grouse Bi-state Distinct Population Segment Forest Plan Amendment Decision Notice The Greater Sage-grouse Bi-state Distinct Population Segment Forest Plan Amendment Record of Decision (ROD) for the Humboldt-Toiyabe National Forest (H-TNF) of the USDA Forest Service was signed on May 16, 2015. A Federal Register notice for this project was published on May 20, 2016. The plan amendment will become effective 30 days after publication of the Federal Register Notice. For more information contact James Winfrey, Forest Planner, Humboldt-Toiyabe National Forest, 1200 Franklin Way, Sparks, NV, 89431. A copy of the Record of Decision can be found on line at: <http://www.fs.usda.gov/project/?project=40683>

No 1299379 May 24, 2016

#### INVITATION TO BID

##### Project Identification

Project Name: Fire Sprinkler Installation & Fire Alarm Replacement, NNCAS  
 Project Address: 2655 Enterprise Road, Reno, Nevada  
 SPWD Project No.: 15-S03(2)  
 Owner: State Public Works Division, 515 E. Musser Street, Suite 102, Carson City, Nevada 89701-4263, (775)1684-4141

##### BID OPENING:

Date: June 21, 2016

Time: 2:00 PM (local time)

##### PRE-BID MEETING

Mandatory (for all Prime Contractors/Bidders). Pre-Bid Meeting Location: 2655 Enterprise Road, Reno, Nevada

Pre-Bid Meeting Date: 6/2/16

Pre-Bid Meeting Time: 10:00 AM (local time)

##### ACCESS TO BID DOCUMENTS

Plans and specifications can be viewed and/or downloaded utilizing the 'Bid Advertisements' link located on the Nevada State Public Works Division website (<http://spwb.state.nv.us/>).

##### BIDDER QUALIFICATIONS

All bidders submitting bids to the State Public Works Division must be qualified as bidders by the State Public Works Division prior to the bid opening.

##### CONSTRUCTION COST ESTIMATE

The estimated construction cost for the base bid of this project is: \$350,000.00. Prevailing Wages are required on this project.

No 1259360 May 24, 31, 2016

#### NOTICE OF PUBLIC SALE

Notice is hereby given that the following individuals are in debt to American Self Storage 1060 Freepoint Blvd Sparks NV 89431. American Self Storage will sell at public sale on [www.storage-treasures.com](http://www.storage-treasures.com) by competitive bid. Units for sale can be viewed starting Tuesday May 17th 2016 and the final bid will be completed on Wednesday June 1st 2016, at 2:00 PST. With the process of said sale to be used to offset past due rent and costs of the sale. The facility phone number is 775-358-6054.  
 Bobbie Brooks

### Legal Notices

#### NOTICE TO CREDITORS

(The Bob and Ellie Dickenson Trust) Notice is hereby given that the undersigned and qualified trustees of The Bob and Ellie Dickenson Trust (also known as Robert Emory Dickenson) died on March 31, 2016. All creditors against Robert E. Dickenson or The Bob and Ellie Dickenson Trust must file a claim with the undersigned at the within 90 days after the mailing of the first publication of this notice.

Dated this 4th day of May 2016. Claims against the trust estate must be filed at: Nancy Dickenson Jones and Kristina Marie Jones, Trustee, The Bob and Ellie Dickenson Trust via J. Robert Parke of J. Robert Parke, LLC, 6490 S. McCarran Blvd, Reno, NV 89509

No 1299417

May

### Legal Notices

#### REQUEST FOR PROPOSALS Walker River

The Walker River Paiute Tribe Tax Commission is seeking proposals from qualified firms or individuals with substantial experience in the area of taxation to conduct an audit of the Walker River Paiute Tribe Taxation Department. The audit will include, but not necessarily be limited to, the professional service necessary for conducting an audit of the Walker River Paiute Tribe Tax Commission. Firms or individuals submitting proposals must submit a Statement of qualifications to perform the audit, a list of references, a list of schools attended, a list of professional organizations, a list of previous audits performed for the Walker River Paiute Tribe Tax Commission (schools/organizations must list all persons being utilized and their qualifications), a list of previous audits performed for other Tribes, Tribal Entities, and State or Federal agencies, a list of previous audits performed for other Tribes as reference. 4. Must have knowledge of tax law, case law and some knowledge of Indian law. 5. If claiming Indian preference, proposer must be an Indian owned and/or operated business through Walker River TERO Department. 6. The audit must be completed within (1) year. The Walker River Paiute Tribe Tax Commission reserves the right to reject any and all proposals received by closing on June 24, 2016 at 5:00 PM. Proposals should be submitted to: Walker River Paiute Tribe, Taxation Department, 4027 Schurz, Nevada 89427, or hand deliver to: 4027 Schurz, Nevada 89427, 77-773-2478

No 1298673

### Legal Notices

APN#: 001-330-24 Trustee Sale No. AMS1916 FORECLOSURE SALE WARNING! A SALE OF REAL PROPERTY IS IMMINENT! UNLESS YOU PAY THE AMOUNT DUE ON THIS NOTICE BEFORE THE SALE DATE, YOU WILL LOSE YOUR HOME, EVEN IF THE AMOUNT IS LESS THAN THE SALE PRICE. YOU MUST ACT BEFORE THE SALE DATE. IF YOU HAVE ANY QUESTIONS, PLEASE CALL TERRA WEST COLLECTIVE D/B/A ASSESSMENT MANAGEMENT SERVICES AT 775-782-9907. IF YOU NEED ASSISTANCE, PLEASE CALL THE SECTION OF THE OMBUDSMAN'S OFFICE, STATE DIVISION, AT 1-877-829-9907 IMMEDIATELY. YOU ARE IN DEFAULT UNDER A DELINQUENT ASSESSMENT FOR PROPERTY TAXES DUE AUGUST 03, 2015. UNLESS YOU TAKE ACTION TO PAY YOUR PROPERTY TAXES, IT MAY BE SOLD AT A PUBLIC AUCTION. AN EXPLANATION OF THE NATURE OF THE LIEN AGAINST YOU, YOU SHOULD CONTACT THE SECTION OF THE OMBUDSMAN'S OFFICE, STATE DIVISION, AT 1-877-829-9907 IMMEDIATELY. So, Virginia Street entrance to the Washoe County Courthouse, Reno, Nevada, 89501, under the terms of those certain Covenants, Conditions and Restrictions recorded on April 24, 1973 as Document number 1973-00001, and the records of Washoe County, Assessment Management Division, appointed agent under that certain Notice of Lien, recorded on August 03, 2015 as Document number 2015-00001, and the official records of said county, and The Election to Sell, recorded on December 02, 2015 as Document number 2015-00001, of the official records of said county, will sell to the highest bidder, for lawful money of the United States, all of the interest in the following property known as: Legal Description: Record Owner(s): 1147 NV 89503 Lot 24 in Block 2 of SIERRA LOMA, to the map thereof, filed in the office of the Washoe County, Nevada, on August 17, 1972 as Kathleen Brennan Irrevocable Trust, Kathleen Brennan, Trustee, IS HEREBY GIVEN THAT SIERRA LOMA AS executed and delivered to its agent, Assessment Management Division, a written authorization to conduct this sale with said agent such documents as the Covenants, Conditions and Restrictions evidencing the obligation, and declares all sums secured thereby payable and elects to cause the property to be sold. The undersigned agent disclaims any liability for the street address and other common designations herein. The sale will be made without representation or implied regarding, but not limited to, encumbrances, or obligations to satisfy any