



10/31/2023

“Boo!”
– A Spooky Ghost

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Road to the Summit "Equity Dialogues"

How to Operationalize the Tribal Action Plan and Include Indigenous Knowledge in Forest Planning

The Forest Service is hosting a series of webinars for all employees between August 2023 and February 2024. The fourth Road to the Summit webinar, How to Operationalize the Tribal Action Plan and Include Indigenous Knowledge in Forest Planning, will focus on efforts to identify opportunities to engage with Native American tribes while doing work on National Forest System lands. Speakers will discuss how to operationalize the Forest Service plan, “*Strengthening Tribal Consultations and Nation-to-Nation Relationships*,” (Tribal Action Plan) and where we should be incorporating Traditional Ecological Knowledge/ Indigenous Knowledge (TEK/IK) into our management plans.

Date: November 1, 2023; **Duration:** 90 minutes

Time: 9:00 a.m. Alaska | 10:00 a.m. Pacific | 11:00 a.m. Mountain | 12:00 p.m. Central | 1:00 p.m. Eastern

[Register in advance for these webinars](#)

After registering, you will receive a confirmation email containing information about joining the webinar. ASL Interpreters and CART Captioning will be provided for this event.

Assistive Technologies: For more information, please contact National Disability Employment Program Manager, Jessica Torres at jessica.torres@usda.gov.

For more information on this series, contact the Forest Service Equity Core Team:
SM.FS.EquityTeam@usda.gov

Strategies for Managing Holiday Stress

The holidays can be stressful. Shopping, social events, debt, and other pressures can lead to anxiety. Missing loved ones and stewing about past events can also contribute. This change from your everyday routine can cause you to neglect good nutrition. And you are more likely to skip exercise. Together, these factors can lead to holiday blues. Join the CFO Social Committee for this webinar on holiday stress.

Date: November 7, 2023 **Duration:** 60 minutes

Time: 7:00 a.m. Alaska / 8:00 a.m. Pacific / 9:00 a.m. Mountain / 10:00 a.m. Central / 11:00 a.m. Eastern & Atlantic Standard

For More information please visit the full article here: [Strategies for Managing Holiday Stress \(sharepoint.com\)](#)

Veterans' Mental Health Matters: Empowering Veteran Employees

The Office of Civil Rights is hosting a Veterans Mental Health Awareness webinar in honor of Veterans Day 2023. The webinar will feature information on veterans' mental health and increase employee awareness about trauma, specifically as it relates to veterans in the workplace. We will touch on ways to foster a supportive work environment and offer valuable resources for employees who have encountered trauma/PTSD.

The veterans' Employee Resource Group, SALUTE, will provide opening comments for the event. Our guest speaker will be Nidia Valadez, a licensed therapist who owns her own practice and comes to us with over a decade of counseling experience. She will provide information on empowering veteran employees in the workplace to help create and maintain a work environment in which veterans thrive.

Date: November 13, 2023 **Duration:** 90 minutes

Time: 8:00 a.m. Alaska / 9:00 a.m. Pacific / 10:00 a.m. Mountain / 11:00 a.m. Central / 12:00 p.m. Eastern & Atlantic Standard

How to Connect: Please register for the event using the link below. Once registered, you will receive a unique link to access the training.

[Click this link to register for the Zoom Meeting](#)

Assistive Technologies: For information about assistive technology and alternative format requests, contact Dawn Rymerson, dawn.rymerson@usda.gov. ASL Interpreters and Live Captioning will be provided during this event.

Building Non-Violent Communication Skills

Our words have the potential to help, heal, or harm so developing healthy communication habits is essential to promoting a strong workforce. By providing a guide to having more meaningful and mindful conversations through nonviolent communication, this webinar will help you find your voice, speak your truth, listen deeply, and increase your ability to communicate in a manner that reflects choice, meaning, and connection.

Date: November 15, 2023 **Duration:** 90 minutes

Time: 9:00 a.m. Alaska / 10:00 a.m. Pacific / 11:00 a.m. Mountain / 12:00 p.m. Central / 1:00 p.m. Eastern & Atlantic Standard

[Join the webinar here!](#) Passcode: CMPCFY24!

Telephonic-Based Health and Wellness Coaching Program

It's that time of the year that most people renew their Wellness Agreements. Espyr provides telephonic based health and wellness coaching program for a direct impact on the health and wellbeing for employees and family members. Certified coaches work closely with employees to foster behavior change and help members transform goals into action. Coaching includes health assessment and goal-setting session and follow-up. Call 833-621-2989 to get started today. For more information please read full article here: [Espyr provides telephonic based health and wellness coaching program \(sharepoint.com\)](#)

Apply now! National New Leader Program FY2024

Intended Audience: Employees GS-7 to GS-10 (or wage grade equivalent)

The Forest Service's success is made possible through leaders at all levels of the organization working in a variety of roles. Whether you hold a formal leadership title or lead informally from where you are, you shape how we achieve our mission, foster a positive work environment, and serve our public. Strong leaders create a safe environment where new ideas can be shared, employees feel like they matter, and development is encouraged. For employees at the GS7-GS10 grade level or wage grade equivalent, you have an exciting training opportunity to become a stronger, more inclusive leader through the rich learning experiences in the National New Leader Program (NNLP).

What: NNLP is a competitive leadership development program, and the GS7-GS10 employees (or wage grade equivalent) selected to participate in the FY24 program will represent all areas of the Forest Service, bringing unique skills and abilities, and aligning with the Forest Service values of diversity, safety, conservation, interdependence, and service.

How to apply: The [Application Link](#) includes eligibility criteria and instructions on how to apply. For more information about the program, check out the [NNLP SharePoint site](#).

When: Application period opens August 1, 2023. See the table below for application deadlines.

COHORT	WEEK 1	WEEK 2	LOCATION	APPLICATION DEADLINE
<i>NNLP 14</i> In-Person	March 4 – 8, 2024	May 20 – 24, 2024	<u>Week 1:</u> Atlanta, GA <u>Week 2:</u> Milford, PA (Grey Towers)	January 4, 2024

Questions? Send an email to the National New Leader Program Manager, Heidi Hopkins, Heidi.Hopkins@usda.gov.

NEW! Supervisor Continuing Development Program

WEPO's Training and Employee Development Branch (TED) is offering a unique opportunity for supervisors to develop their knowledge and skills. **This program allows participants to choose learning content from a library of topics and learn at their own pace and time.** The training culminates with a live and interactive experience with fellow supervisors in the program. Seating is limited for this program. Take the next step now and visit the [Supervisor Continuing Development](#) SharePoint site for more information.

Recorded Webinars

Employee Support & Wellbeing recorded webinars are available for [playback here](#).

Conflict Management and Prevention Center recorded webinars are available for [playback here](#).

The Mixing Bowl: Connecting Together via Cultures recorded episodes are available for [playback here](#).