



Hearing/hearing Aids (years between routine audiogram)

By supplying this document to your office, the employee requests that you complete this document related to their diagnosis, prognosis, and treatment and grants permission to send to, and discuss with, the Medical Officers of the United States Forest Service, Fire Medical Qualifications Program Office.

Part A: To be completed by employee.

Employee Name: _____

Indicate Work Capacity Test/Fitness Level: Light , Moderate , Arduous .

Date of Birth: _____

Home Unit/Forest: _____

Part B: To be completed, as applicable, by the medical provider.

Questions may be directed at the Medical Qualifications Program Office at 208-387-5635.

FAX completed document to 866-338-6630.

NO HEARING AID USED

LIGHT/MODERATE FIRE DUTIES: Can understand speech with background noise at the conversation level in the affected ear(s). YES , NO . If **no**, what is the recommended course of action for the employee to take? _____

HEARING AID USED

RIGHT LEFT BOTH ear(s)

LIGHT/MODERATE FIRE DUTIES: Can understand speech with background noise at the conversation level in the ear(s) with hearing aid(s). YES , NO . If **no**, what is the recommended course of action for the employee to take? _____

ARDUOUS FIRE DUTIES: Can understand speech with background noise at 500 Hz – 3000Hz in the ear(s) with hearing aid(s). YES , NO . If **no**, what is the recommended course of action for the employee to take? _____

Date form completed: _____

Medical Provider Signature: _____

Printed Name of Medical Provider: _____

DO , MD , NP , PA , Other: _____

Address: _____

Include office stamp here

Office Phone Number: _____

Office Fax Number: _____

General Description of Work Capacity Test/Fitness Levels

Arduous: review the Essential Functions and Work Conditions of a Wildland Firefighter here: <https://www.fs.usda.gov/sites/default/files/2023-03/Functions-and-Conditions-of-FFT2.pdf>. “Duties involve field work requiring physical performance calling for above-average endurance and superior conditioning. These duties may include an occasional demand for extraordinarily strenuous activities in emergencies under adverse environmental conditions and over extended periods. Requirements include running, walking, climbing, jumping, twisting, bending, and lifting more than 50 pounds; the pace of work typically is set by the emergency condition.” —NWCG 310-1

Arduous Work Capacity Test: a 3-mile hike with a 45-pound pack over level terrain in 45 minutes

Moderate: frequently lift/push/pull up to 25 pounds, occasional lift/push/pull up to 50 pounds; “Duties involve field work requiring complete control of all physical faculties and may include considerable walking over irregular ground, standing for long periods, lifting 25 to 50 pounds, climbing, bending, stooping, squatting, twisting, and reaching. Occasional demands may be required for moderately strenuous activities in emergencies over long periods. Individuals usually set their own work pace.” —NWCG 310-1

Moderate Work Capacity Test: a 2-mile hike with a 25-pound pack over level terrain in 30 minutes.

Light: frequently lift/push/pull up to 10 pounds, occasional lift/push/pull up to 25 pounds; “Duties mainly involve office-type work with occasional field activity characterized by light physical exertion requiring basic good health. Activities may include climbing stairs, standing, operating a vehicle, and long hours of work, as well as some bending, stooping, or light lifting. Individuals almost always can govern the extent and pace of their physical activity.” —NWCG 310-1

Light Work Capacity Test: a 1-mile hike over level terrain with no load in 16 minutes.

-NWCG Standards for Wildland Fire Position Qualifications, PMS 310-1.

<https://www.nwcg.gov/publications/pms310-1/nwcg-standards-for-wildland-fire-position-qualifications-pms-310-1>