



## Provider Medication Statement

***By supplying this document to your office, the employee requests that you complete this document related to their diagnosis, prognosis, and treatment and grants permission to send to, and discuss with, the Medical Officers of the United States Forest Service, Fire Medical Qualifications Program Office.***

**Part A: To be completed by employee.**

Employee Name: \_\_\_\_\_

Indicate Work Capacity Test/Fitness Level: Light ☐, Moderate ☐, Arduous ☐.

Date of Birth: \_\_\_\_\_

Home Unit/Forest: \_\_\_\_\_

**Part B: To be completed, as applicable, by the medical provider.**

**Questions** may be directed at the Medical Qualifications Program Office at **208-387-5635**.

**FAX** completed document to **866-338-6630**.

I have reviewed the information on page 3 of this document and understand that the above-named employee may work for 16 hours a day, with limited sleep and irregular meals, for an unknown period of time. It is my medical opinion that, considering the mental and physical requirements of the employee's fire duties which may include operating motorized vehicles or machinery, driving on narrow roads with drop-offs, or working on steep, uneven, or slick surfaces or ledges, my patient has no side effects from the medication(s) that I prescribe (as follows) that would adversely affect their ability to safely and efficiently perform those fire duties in the wildland fire environment those duties are performed.

**For patients prescribed a medication delivered via transdermal patch:** I understand that the work may be performed in extreme heat and/or that their fire duties will likely raise their body temperature to greater than 100 degrees Fahrenheit for an unknown period of time. I am aware that elevated body temperature can increase the absorption rate of transdermal patches.

Medications: \_\_\_\_\_

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**Date form completed:** \_\_\_\_\_

**Medical Provider Signature:** \_\_\_\_\_

**Printed Name of Medical Provider:** \_\_\_\_\_

DO ☐, MD ☐, NP ☐, PA ☐, Other: \_\_\_\_\_

**Address:** \_\_\_\_\_

**Include office stamp here**

\_\_\_\_\_

**Office Phone Number:** \_\_\_\_\_

**Office Fax Number:** \_\_\_\_\_

## General Description of Work Capacity Test/Fitness Levels

**Arduous:** review the Essential Functions and Work Conditions of a Wildland Firefighter here: <https://www.fs.usda.gov/sites/default/files/2023-03/Functions-and-Conditions-of-FFT2.pdf>. “Duties involve field work requiring physical performance calling for above-average endurance and superior conditioning. These duties may include an occasional demand for extraordinarily strenuous activities in emergencies under adverse environmental conditions and over extended periods. Requirements include running, walking, climbing, jumping, twisting, bending, and lifting more than 50 pounds; the pace of work typically is set by the emergency condition.” —NWCG 310–1

**Arduous Work Capacity Test:** a 3-mile hike with a 45-pound pack over level terrain in 45 minutes

**Moderate:** frequently lift/push/pull up to 25 pounds, occasional lift/push/pull up to 50 pounds; “Duties involve field work requiring complete control of all physical faculties and may include considerable walking over irregular ground, standing for long periods, lifting 25 to 50 pounds, climbing, bending, stooping, squatting, twisting, and reaching. Occasional demands may be required for moderately strenuous activities in emergencies over long periods. Individuals usually set their own work pace.” —NWCG 310–1

**Moderate Work Capacity Test:** a 2-mile hike with a 25-pound pack over level terrain in 30 minutes.

**Light:** frequently lift/push/pull up to 10 pounds, occasional lift/push/pull up to 25 pounds; “Duties mainly involve office-type work with occasional field activity characterized by light physical exertion requiring basic good health. Activities may include climbing stairs, standing, operating a vehicle, and long hours of work, as well as some bending, stooping, or light lifting. Individuals almost always can govern the extent and pace of their physical activity.” —NWCG 310–1

**Light Work Capacity Test:** a 1-mile hike over level terrain with no load in 16 minutes.

-NWCG Standards for Wildland Fire Position Qualifications, PMS 310-1.

<https://www.nwcg.gov/publications/pms310-1/nwcg-standards-for-wildland-fire-position-qualifications-pms-310-1>